# Coefficient quantization for frames in Banach spaces ${ }^{*}$ 

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#### Abstract

Let $\left(e_{i}\right)$ be a fundamental system of a Banach space. We consider the problem of approximating linear combinations of elements of this system by linear combinations using quantized coefficients. We will concentrate on systems which are possibly redundant. Our model for this situation will be frames in Banach spaces.


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## 1. Introduction

Hilbert space frames provide a crucial theoretical underpinning for compression, storage and transmission of signals because they provide robust and stable representation of vectors. They also have applications in mathematics and engineering in a wide variety of areas including sampling theory [1], operator theory [17], harmonic analysis [15], nonlinear sparse approximation [9], pseudo-differential operators [16], and quantum computing [10].

In many situations it is useful to think of a signal as being a vector $x$ in a Hilbert space and being represented as a (finite or infinite) sequence $\left(\left\langle x_{i}, x\right\rangle\right)_{i=1}^{\infty}$, where $\left(x_{i}\right)$ is a frame, i.e. a sequence in $H$ which satisfies for some $0<a \leqslant b$,

$$
\begin{equation*}
a\|x\|^{2} \leqslant \sum\left|\left\langle x_{i}, x\right\rangle\right|^{2} \leqslant b\|x\|^{2}, \quad \text { whenever } x \in H . \tag{1}
\end{equation*}
$$

Since the sequence ( $x_{i}$ ) does not have to be (and usually is not) a basis for $H$, the representation of an $x \in H$ as the sequence $\left(\left\langle x_{i}, x\right\rangle\right)_{i=1}^{\infty}$ includes some redundancy, which, for example, can be used to correct errors in transmissions [13]. Using a Hilbert space as the underlying space has, inter alia, the advantage of an easy reconstruction formula. Nevertheless, there are circumstances which make it necessary to leave the confines of a Hilbert space, and generalize frames to the category of Banach spaces. One such instance occurs when we wish to replace the frame coefficients by quantized coefficients, i.e. by integer multiples of a given $\delta>0$.

An example of such a situation is described by Daubechies and DeVore in [6]: Let $f \in L_{2}(-\infty, \infty)$ be a band-limited function, to wit, the support of the Fourier transform $\hat{f}$ is contained in $[-\Omega, \Omega]$ for some $\Omega>0$. For simplicity we assume

[^0]that $\Omega=\pi$. Now we can think of $\hat{f}$ as an element of $L_{2}[-\pi, \pi]$, write $\hat{f}$ on $[-\pi, \pi]$ as a series in $e^{-i n x}, n \in \mathbb{Z}$, and apply the inversion formula for the Fourier transform. This leads to the sampling formula
$$
f(x)=\sum_{n \in \mathbb{Z}} f(n) \frac{\sin (x \pi-n \pi)}{x \pi-n \pi}, \quad x \in \mathbb{R}
$$

This series converges 'badly.' In particular it is not absolutely convergent in general. Therefore we consider some $\lambda>1$ and think of the space $L_{2}[-\pi, \pi]$ as being embedded (in the natural way) into $L_{2}[-\lambda \pi, \lambda \pi]$. The family of functions $\left(e^{-i n x / \lambda}\right)_{n \in \mathbb{Z}}$ forms an orthogonal basis for $L_{2}[-\lambda \pi, \lambda \pi]$, and it can be viewed as a frame for the 'smaller' space $L_{2}[-\pi, \pi]$ (see Section 2). We write $\hat{f}(\xi)=\sqrt{2 \pi} \hat{\rho}(\xi) \cdot \hat{f}(\xi)$, where $\hat{\rho}: \mathbb{R} \rightarrow[0,1 / \sqrt{2 \pi}]$ is $\mathcal{C}_{\infty},\left.\hat{\rho}\right|_{[-\pi, \pi]} \equiv 1 / \sqrt{2 \pi}$, and $\left.\hat{\rho}\right|_{(-\infty, \lambda \pi] \cup[\lambda \pi, \infty)} \equiv 0$. Now we can express $\hat{f}$ on $[-\lambda \pi, \lambda \pi]$ as a series in ( $e^{-i n x / \lambda}$ ) and apply the inverse transform once again. This leads to the expansion

$$
f(x)=\frac{1}{\lambda} \sum_{n \in \mathbb{Z}} f\left(\frac{n}{\lambda}\right) \rho\left(x-\frac{n}{\lambda}\right), \quad x \in \mathbb{R},
$$

which not only converges faster, but is also absolutely unconditionally convergent, since $\hat{\rho}$ is $C_{\infty}$, and, thus, $\rho$ and all its derivatives are in $L_{1}(\mathbb{R})$.

Now assume that $\|f\|_{L_{\infty}} \leqslant 1$ (note that bandlimited functions are bounded in $L_{\infty}$ ). It was shown in [6] that the $\Sigma-\Delta$ quantization algorithm can be used to find a sequence $\left(q_{n}\right)_{n \in \mathbb{Z}} \subset\{-1,1\}$ for which

$$
\left|f(x)-\frac{1}{\lambda} \sum_{n \in \mathbb{Z}} q_{n} \rho\left(x-\frac{n}{\lambda}\right)\right| \leqslant \frac{1}{\lambda}\left\|\rho^{\prime}\right\|_{L_{1}}, \quad \text { for } x \in \mathbb{R}
$$

This means that our approximation does not hold in $L_{2}$ (and it need not for the applications at hand) but it does hold in the Banach space $L_{\infty}$ (in fact in $C(\mathbb{R})$ ).

We consider therefore a signal to be an arbitrary vector $x$ in a Banach space $X$ and ask if there is a dictionary $\left(e_{i}\right)$, e.g. some sequence $\left(e_{i}\right)$ whose span is dense in $X$, so that $x$ can be approximated in norm, up to some $\varepsilon>0$, by a linear combination of the $e_{i}$ 's using only coefficients from a discrete alphabet, i.e. the integer multiples of some given $\delta$. The case that $\left(e_{i}\right)$ is a non-redundant system, for example a basis, or, more generally, a total fundamental minimal system, was treated in [8]. It was shown there, for example, that if $\left(e_{i}\right)$ is a semi-normalized fundamental and total minimal system which has the property that for some $\varepsilon, \delta>0$ every vector of the form $x=\sum_{i \in E} a_{i} e_{i}$, with $E \subset \mathbb{N}$ finite, can be $\varepsilon$-approximated by a vector $\tilde{x}=\sum_{i \in E} \delta k_{i} e_{i}$, with $\left(k_{i}\right) \subset \mathbb{Z}$, then $\left(e_{i}\right)$ must have a subsequence which is either equivalent to unit-vector basis of $c_{0}$, or to the summing basis for $c_{0}$. Conversely, every separable Banach space $X$ containing $c_{0}$ admits such a total fundamental minimal system.

In this work we will concentrate on redundant dictionaries. Our model for redundant dictionaries will be frames in Banach spaces. In Section 2 we shall recall their definition and make some elementary observations. Before we tackle the problem of coefficient quantization with respect to frames, we first have to ask ourselves what exactly we mean by a meaningful coefficient quantization. In Section 3 we recall the notion Net Quantization Property (NQP) as introduced for fundamental systems in [8]. We shall then present several examples of systems which formally satisfy the NQP, but on the other hand clearly do not accomplish the goals of quantization, namely data compression and easy reconstruction. These examples will lead us to a notion of quantization which is more restrictive, and more meaningful, in the case of redundant systems.

In Section 4 we ask under which circumstances one can approximate a vector in a Banach space $X$ by a vector with quantized coefficients which are bounded in some associated sequence space $Z$ with a basis ( $z_{i}$ ) (see Definition 4.1). If ( $z_{i}$ ) has nontrivial lower estimates this is only possible if one reconciles with the fact that the length of the frame increases exponentially with the dimension of the underlying space. We shall show this type of quantization cannot happen if $\left(z_{i}\right)$ satisfies nontrivial lower and upper estimates. The proof of these facts utilizes volume arguments and must therefore be formulated first in the finite dimensional case. An infinite dimensional argument proves directly that the associated space $Z$ with a semi-normalized basis $\left(z_{i}\right)$ cannot be reflexive. In particular, there is no semi-normalized frame ( $x_{i}$ ) for an infinite dimensional Hilbert space so that for some choice of $0<\varepsilon, \delta<1$ and $C \geqslant 1$, every $x \in H,\|x\|=1$, can be $\varepsilon$-approximated by a vector $\tilde{x}=\sum \delta k_{i} x_{i}$, with $\left(k_{i}\right) \subset \mathbb{Z}$ and $\sum \delta^{2} k_{i}^{2} \leqslant C$.

In Section 5 we consider conditions under which an $n$-dimensional space admits, for given $\varepsilon, \delta>0$ and $C \geqslant 1$, a finite frame $\left(x_{i}\right)_{i=1}^{N}$, so that every element in the zonotope $\left\{\sum_{i=1}^{N} a_{i} x_{i}:\left|a_{i}\right| \leqslant 1\right\}$ can be $\varepsilon$-approximated by some element from $\left\{\sum_{i=1}^{N} \delta k_{i} x_{i}: k_{i} \in \mathbb{Z},\left|k_{i}\right| \leqslant C / \delta\right\}$. Using results from convex geometry we shall show that this is only possible for spaces $X$ with trivial cotype. Among others, we provide an answer to a question raised in [8] and prove that $\ell_{1}$ does not have a semi-normalized basis with the NQP.

In the final section we will state some open problems.
All Banach spaces are considered to be spaces over the real field $\mathbb{R}$. $S_{X}$ and $B_{X}$, denote the unit sphere and the unit ball of a Banach space $X$, respectively. For a set $S$ we denote by $c_{00}(S)$, or simply $c_{00}$, if $S=\mathbb{N}$, the set of all families $x=\left(\xi_{s}\right)_{s \in S}$ with finite support, $\operatorname{supp}(x)=\left\{s \in S: \xi_{s} \neq 0\right\}$. The unit vector basis of $c_{00}$, as well as the unit vector basis of $\ell_{p}, 1 \leqslant p<\infty$, and $c_{0}$ is denoted by $\left(e_{i}\right)$.

A Schauder basis, or simply a basis, of a Banach space $X$ is a sequence $\left(x_{n}\right)$, which has the property that every $x$ can be uniquely written as a norm converging series $x=\sum a_{i} x_{i}$. It follows then from the Uniform Boundedness Principle that the coordinate functionals ( $x_{n}^{*}$ ), $x_{n}^{*}: X \rightarrow \mathbb{R}, \sum a_{i} x_{i} \mapsto a_{n}$ are bounded (cf. [11]) and the projections $P_{n}$, with

$$
P_{n}: X \rightarrow X, \quad x=\sum a_{i} x_{i} \mapsto \sum_{i=1}^{n} a_{i} x_{i}, \quad \text { for } n \in \mathbb{N}
$$

are continuous and uniformly bounded in the operator norm. We call $C=\sup _{n \in \mathbb{N}}\left\|P_{n}\right\|$ the basis constant of ( $x_{i}$ ) and $K=$ $\sup _{0 \leqslant m \leqslant n}\left\|P_{n}-P_{m}\right\|\left(P_{0} \equiv 0\right)$ the projection constant of $\left(x_{i}\right)$. Note that $C \leqslant K \leqslant 2 C$. We call ( $x_{n}$ ) monotone if $C=1$ and bimonotone if also $K=1$. A basis $\left(x_{n}\right)$ is called unconditional if for any $x \in X$ the unique representation $x=\sum a_{n} x_{n}$ converges unconditionally. This is equivalent (cf. [11]) to the property that for all $\left(a_{i}\right) \in c_{00}$

$$
K_{u}=\sup \left\{\left\|\sum \pm a_{i} x_{i}\right\|:\left\|\sum a_{i} x_{i}\right\|=1\right\}<\infty
$$

If $X$ is a finite dimensional space we can represent it isometrically as $\left(\mathbb{R}^{n},\|\cdot\|\right)$ where $\|\cdot\|$ is a norm function on $\mathbb{R}^{n}$. With this representation we consider the Lebesgue measure of a measurable set $A \subset \mathbb{R}^{n}$ and denote it by $\operatorname{Vol}(A)$. Of course $\operatorname{Vol}(A)$ depends on the representation of $X$. Nevertheless, if we only consider certain ratios of volumes this is not the case. Therefore, the quotient $\operatorname{Vol}(A) / \operatorname{Vol}(B)$ is well defined even in abstract finite dimensional spaces without any specific representation.

## 2. Frames in Hilbert spaces and Banach spaces

In this section we give a short review of the concept of frames in Banach spaces, and make some preparatory observations. Let us start with the well known notion of Hilbert space frames.

Definition 2.1. Let $H$ be a (finite or infinite dimensional) Hilbert space. A sequence $\left(x_{j}\right)_{j \in \mathbb{J}}$ in $H, \mathbb{J}=\mathbb{N}$ or $\mathbb{J}=\{1,2, \ldots, N\}$, for some $N \in \mathbb{N}$, is called a frame of $H$ or Hilbert frame for $H$ if there are $0<a \leqslant b<\infty$ so that

$$
\begin{equation*}
a\|x\|^{2} \leqslant \sum_{j \in \mathbb{N}}\left|\left\langle x, x_{j}\right\rangle\right|^{2} \leqslant b\|x\|^{2} \quad \text { for all } x \in H \tag{2}
\end{equation*}
$$

For a frame $\left(x_{j}\right)_{j \in \mathbb{J}}$ of $H$ we consider the operator

$$
\Theta: H \rightarrow \ell_{2}(\mathbb{J}), \quad x \mapsto\left(\left\langle x, x_{j}\right\rangle\right)_{j \in \mathbb{J}}
$$

its adjoint

$$
\Theta^{*}: \ell_{2}(\mathbb{J}) \rightarrow H, \quad\left(\xi_{j}\right)_{j \in \mathbb{J}} \mapsto \sum_{j \in \mathbb{J}} \xi_{j} x_{j}
$$

and their product

$$
I=\Theta^{*} \circ \Theta: H \rightarrow H, \quad x \mapsto \sum_{j \in \mathbb{J}}\left\langle x, x_{j}\right\rangle x_{j} .
$$

Since

$$
a\|x\|^{2} \leqslant \sum_{j \in \mathbb{N}}\left|\left\langle x, x_{j}\right\rangle\right|^{2}=\left\langle x, \sum_{j \in \mathbb{N}}\left\langle x, x_{j}\right\rangle x_{j}\right\rangle=\langle x, I(x)\rangle \leqslant b\|x\|^{2},
$$

$I$ is a positive and invertible operator with $a \operatorname{Id}_{H} \leqslant I \leqslant b \operatorname{Id}_{H}$ and thus,

$$
\begin{aligned}
& x=I^{-1} \circ I(x)=\sum_{j \in \mathbb{N}}\left\langle x, x_{j}\right\rangle I^{-1}\left(x_{j}\right), \quad \text { or } \\
& x=I \circ I^{-1}(x)=\sum_{j \in \mathbb{N}}\left\langle I^{-1}(x), x_{j}\right) x_{j}=\sum_{j \in \mathbb{N}}\left\langle x, I^{-1}\left(x_{j}\right)\right| x_{j} .
\end{aligned}
$$

For an introduction to the theory of Hilbert space frames we refer the reader to [2] and [4]. We follow [17] and [5] for the generalization of frames to Banach spaces.

Definition 2.2 (Schauder frame). Let $X$ be a (finite or infinite dimensional) separable Banach space. A sequence $\left(x_{j}, f_{j}\right)_{j \in \mathbb{J}}$, with $\left(x_{j}\right)_{j \in \mathbb{J}} \subset X,\left(f_{j}\right)_{j \in \mathbb{J}} \subset X^{*}$, and $\mathbb{J}=\mathbb{N}$ or $\mathbb{J}=\{1,2, \ldots, N\}$, for some $N \in \mathbb{N}$, is called a (Schauder) frame of $X$ if for every $x \in X$

$$
\begin{equation*}
x=\sum_{j \in \mathbb{J}} f_{j}(x) x_{j} . \tag{3}
\end{equation*}
$$

In case that $\mathbb{J}=\mathbb{N}$, we mean that the series in (3) converges in norm, i.e. that $x=\lim _{n \rightarrow \infty} \sum_{j=1}^{n} f_{j}(x) x_{j}$.
An unconditional frame of $X$ is a frame $\left(x_{i}, f_{i}\right)_{i \in \mathbb{N}}$ for $X$ for which the convergence in (3) is unconditional.
We call a frame $\left(x_{i}, f_{i}\right)$ bounded if

$$
\sup _{i}\left\|x_{i}\right\|<\infty \quad \text { and } \quad \sup _{i}\left\|f_{i}\right\|<\infty
$$

and semi-normalized if $\left(x_{i}\right)$ and $\left(f_{i}\right)$ are semi-normalized, i.e. if $0<\inf _{i}\left\|x_{i}\right\| \leqslant \sup _{i}\left\|x_{i}\right\|<\infty$ and $0<\inf _{i}\left\|f_{i}\right\| \leqslant$ $\sup _{i}\left\|f_{i}\right\|<\infty$.

In the following remark we make some easy observations.
Remark 2.3. Let $\left(x_{i}, f_{i}\right)_{i \in \mathbb{N}}$ be a frame of $X$.
(a) If $\inf _{i \in \mathbb{N}}\left\|x_{i}\right\|>0$, then $f_{i} \xrightarrow{w^{*}} 0$ as $i \rightarrow \infty$.
(b) Using the Uniform Boundedness Principle we deduce that

$$
K=\sup _{x \in B_{X}} \sup _{m \leqslant n}\left\|\sum_{i=m}^{n} f_{i}(x) x_{i}\right\|<\infty .
$$

This implies that if $\inf _{i \in \mathbb{N}}\left\|x_{i}\right\|>0$ then $\left(f_{i}\right)$ is bounded and if $\inf _{i \in \mathbb{N}}\left\|f_{i}\right\|>0$ then $\left(x_{i}\right)$ is bounded.
We call $K$ the projection constant of ( $x_{i}, f_{i}$ ). The projection constant for finite frames is defined accordingly.
(c) For all $f \in X^{*}$ and $x \in X$ it follows that

$$
f(x)=f\left(\sum_{i=1}^{\infty} f_{i}(x) x_{i}\right)=\sum_{i=1}^{\infty} f_{i}(x) f\left(x_{i}\right)=\lim _{n \rightarrow \infty}\left(\sum_{i=1}^{n} f\left(x_{i}\right) f_{i}\right)(x)
$$

and, thus,

$$
f=w^{*}-\sum_{i=1}^{\infty} f\left(x_{i}\right) f_{i}
$$

Moreover, for $m \leqslant n$ in $\mathbb{N}$ it follows that

$$
\begin{equation*}
\left\|\sum_{i=m}^{n} f\left(x_{i}\right) f_{i}\right\|=\sup _{x \in B_{X}}\left|\sum_{i=m}^{n} f\left(x_{i}\right) f_{i}(x)\right| \leqslant\|f\| \sup _{x \in B_{X}}\left\|\sum_{i=m}^{n} f_{i}(x) x_{i}\right\| \leqslant K\|f\|, \tag{4}
\end{equation*}
$$

and

$$
\begin{equation*}
\left\|\sum_{i=m}^{\infty} f\left(x_{i}\right) f_{i}\right\|=\sup _{x \in B_{X}}\left|\sum_{i=m}^{\infty} f\left(x_{i}\right) f_{i}(x)\right|=\sup _{x \in B_{X}} f\left(\sum_{i=m}^{\infty} f_{i}(x) x_{i}\right) . \tag{5}
\end{equation*}
$$

(d) If ( $x_{i}, f_{i}$ ) is an unconditional frame it follows from the Uniform Boundedness Principle that

$$
K_{u}=\sup _{x \in B_{X}} \sup _{\left(\sigma_{i}\right) \subset\{ \pm 1\}}\left\|\sum \sigma_{i} f_{i}(x) x_{i}\right\|<\infty
$$

We call $K_{u}$ the unconditional constant of $\left(x_{i}, f_{i}\right)$.
The following proposition is a slight variation of [5, Theorem 2.6].
Proposition 2.4. Let $X$ be a separable Banach space and let $\left(x_{i}\right)_{i \in \mathbb{J}} \subset X$ and $\left(f_{i}\right)_{i \in \mathbb{J}} \subset X^{*}$, with $\mathbb{J}=\mathbb{N}$ or $\mathbb{J}=\{1,2, \ldots, N\}$ for some $N \in \mathbb{N}$.
(a) $\left(x_{i}, f_{i}\right)_{i \in \mathbb{J}}$ is a Schauder frame of $X$ if and only if there is a Banach space $Z$ with a Schauder basis $\left(z_{i}\right)_{i \in \mathbb{J}}$ and corresponding coordinate functionals $\left(z_{i}^{*}\right)$, an isomorphic embedding $T: X \rightarrow Z$ and a bounded linear surjective map $S: Z \rightarrow X$, so that $S \circ T=\operatorname{Id}_{X}$ (i.e. $X$ is isomorphic to a complemented subspace of $Z$ ), and $S\left(z_{i}\right)=x_{i}$, for $i \in \mathbb{J}$, and $T^{*}\left(z_{i}^{*}\right)=f_{i}$, for $i \in \mathbb{J}$, with $x_{i} \neq 0$.

Moreover $S$ and $T$ can be chosen so that $\|S\|=1$ and $\|T\| \leqslant K$, where $K$ is the projection constant of $\left(x_{i}, f_{i}\right)$, and ( $z_{i}$ ) can be chosen to be a bimonotone basis with $\left\|z_{i}\right\|=\left\|x_{i}\right\|$ if $i \in \mathbb{J}$, with $x_{i} \neq 0$.
(b) $\left(x_{i}, f_{i}\right)_{i \in \mathbb{J}}$ is an unconditional frame of $X$ if and only if there is a Banach space $Z$ with an unconditional basis $\left(z_{i}\right)$ and corresponding coordinate functionals ( $z_{i}^{*}$ ), an isomorphic embedding $T: X \rightarrow Z$ and a surjection $S: Z \rightarrow X$, so that $S \circ T=\operatorname{Id}_{X}, S\left(z_{i}\right)=x_{i}$, for $i \in \mathbb{J}$, and $T^{*}\left(z_{i}^{*}\right)=f_{i}$ for $i \in \mathbb{J}$, with $x_{i} \neq 0$.

Proof. (a) Part " $\Rightarrow$." Assume that $\left(x_{i}, f_{i}\right)_{i \in \mathbb{J}}$ is a frame of $X$ and let $K$ be the projection constant of $\left(x_{i}, f_{i}\right)_{i \in J}$. We put $\tilde{\mathbb{J}}=\left\{i \in \mathbb{J}: x_{i} \neq 0\right\}$, denote the unit vector basis of $c_{00}(\mathbb{J})$ by $\left(z_{i}\right)$ and define on $c_{00}(\mathbb{J})$ the following norm $\|\cdot\|_{Z}$ :

$$
\begin{equation*}
\left\|\sum_{i \in \mathbb{J}} a_{i} z_{i}\right\|_{Z}=\max _{m \leqslant n}\left\|_{i \in \tilde{\mathbb{I}} \cap\{m, m+1, \ldots, n\}} a_{i} x_{i}\right\|_{X}+\left(\sum_{i \in \mathbb{J} \backslash \tilde{\mathbb{J}}} a_{i}^{2}\right)^{1 / 2} \text { for }\left(a_{i}\right) \subset \mathbb{R} \tag{6}
\end{equation*}
$$

It follows easily that $\left(z_{i}\right)$ is a bimonotone basic sequence and, thus, a basis of the completion of $c_{00}(\mathbb{J})$ with respect to $\|\cdot\|_{Z}$, which we denote by $Z$.

The map

$$
S: Z \rightarrow X, \quad \sum a_{j} z_{j} \mapsto \sum a_{j} x_{j}
$$

is linear and bounded with $\|S\|=1$. Secondly, define

$$
T: X \rightarrow Z, \quad x=\sum_{i \in \mathbb{J}} f_{i}(x) x_{i}=\sum_{i \in \tilde{\mathbb{J}}} f_{i}(x) x_{i} \mapsto \sum_{i \in \tilde{\mathbb{J}}} f_{i}(x) z_{i} .
$$

Remark 2.3 (b) yields for $x \in X$

$$
\left\|\sum_{i \in \tilde{\mathbb{J}}} f_{i}(x) z_{i}\right\|_{Z}=\sup _{m \leqslant n}\left\|_{i \in \tilde{\mathbb{J}} \cap\{m, m+1, \ldots, n\}} f_{i}(x) x_{i}\right\|_{X}=\sup _{m \leqslant n} \sum_{i \in \mathbb{J} \cap\{m, m+1, \ldots, n\}} f_{i}(x) x_{i}\left\|_{X} \leqslant K\right\| x \|,
$$

and, thus, that $T$ is linear and bounded with $\|T\| \leqslant K$. Clearly it follows that $S \circ T=\operatorname{Id}_{X}$, which implies that $T$ is an isomorphic embedding and that $S$ is a surjection. Finally, if $\left(z_{i}^{*}\right)$ are the coordinate functionals of $\left(z_{i}\right)$ we deduce for $x \in X$ and $i \in \mathbb{J}$ that

$$
T^{*}\left(z_{i}^{*}\right)(x)=z_{i}^{*}(T(x))= \begin{cases}f_{i}(x) & \text { if } x_{i} \neq 0 \\ 0 & \text { if } x_{i}=0\end{cases}
$$

which finishes the proof of " $\Rightarrow$."
In order to show the converse in (a), assume that $Z$ is a space with a basis $\left(z_{i}\right)_{i \in \mathbb{J}}$ and that $S: Z \rightarrow X$ is a bounded linear surjection, and $T: X \rightarrow Z$ an isomorphic embedding, with $S \circ T=\operatorname{Id}_{X}$. Put $x_{i}=S\left(z_{i}\right)$ and $f_{i}=T^{*}\left(z_{i}^{*}\right)$, for $i \in \mathbb{J}$. Then for $x \in X$,

$$
x=S \circ T(x)=S\left(\sum z_{i}^{*}(T(x)) z_{i}\right)=\sum T^{*}\left(z_{i}^{*}\right)(x) S\left(z_{i}\right)=\sum f_{i}(x) x_{i},
$$

which implies that $\left(x_{i}, f_{i}\right)_{i \in \mathbb{J}}$ is a frame of $X$.
For the proof of (b) we replace (6) by

$$
\begin{equation*}
\left\|\sum_{i \in \mathbb{J}} a_{i} z_{i}\right\|_{Z}=\max _{\left(\sigma_{i}\right) \subset\{ \pm 1\}}\left\|\sum_{i \in \tilde{\mathbb{J}}} \sigma_{i} a_{i} x_{i}\right\|_{X}+\left(\sum_{i \in \mathbb{J} \backslash \tilde{\mathbb{I}}} a_{i}^{2}\right)^{1 / 2} \tag{7}
\end{equation*}
$$

and note that arguments similar to those in the proof of (a) yield (b).
Definition 2.5. Let $\left(x_{i}, f_{i}\right)$ be a frame of a Banach space $X$ and let $Z$ be a space with a basis $\left(z_{i}\right)$ and corresponding coordinate functionals $\left(z_{i}^{*}\right)$. We call $\left(Z,\left(z_{i}\right)\right)$ an associated space to $\left(x_{i}, f_{i}\right)$ or a sequence space associated to $\left(x_{i}, f_{i}\right)$ and $\left(z_{i}\right)$ an associated basis, if

$$
S: Z \rightarrow X, \quad \sum a_{i} z_{i} \mapsto \sum a_{i} x_{i} \quad \text { and } \quad T: X \rightarrow Z, \quad x=\sum f_{i}(x) x_{i} \mapsto \sum_{x_{i} \neq 0} f_{i}(x) z_{i}
$$

are bounded operators. We call $S$ the associated reconstruction operator and $T$ the associated decomposition operator or analysis operator.

In this case, following [14] we call the triple $\left(\left(x_{i}\right),\left(f_{i}\right), Z\right)$ an atomic decomposition of $X$.
Remark 2.6. By Proposition 2.4 the property of Banach space $X$ to admit a frame is equivalent to the property of $X$ being isomorphic to a complemented subspace of a space $Z$ with basis. It was shown independently by Pełczyński [26] and Johnson, Rosenthal and Zippin [19] (see also [3, Theorem 3.13]) that the latter property is equivalent to $X$ having the Bounded Approximation Property. $X$ is said to have the Bounded Approximation Property if there is a $\lambda \geqslant 1$, so that for every $\varepsilon>0$ and every compact set $K \subset X$ there is a finite rank operator $T: X \rightarrow X$ with $\|T\| \leqslant \lambda$ so that $\|T(x)-x\| \leqslant \varepsilon$ whenever $x \in K$.

Remark 2.7. Let $\left(x_{j}\right)_{j \in \mathbb{J}}$ be a Hilbert frame of a Hilbert space $H$ and let $\Theta$ and $I$ be defined as in the paragraph following Definition 2.1. We choose $Z$ to be $\ell_{2}(\mathbb{J}), S=\Theta^{*}$ and

$$
T=\Theta \circ I^{-1}: H \rightarrow \ell_{2}, \quad x \mapsto \sum_{j \in \mathbb{J}}\left\langle I^{-1}(x), x_{j}\right\rangle e_{j}=\sum_{j \in \mathbb{J}}\left\langle x, I^{-1}\left(x_{j}\right)\right\rangle e_{j}
$$

and observe that $S \circ T=\operatorname{Id}_{H}$, and for $j \in \mathbb{J}$ it follows that $S\left(e_{j}\right)=\Theta^{*}\left(e_{j}\right)=x_{j}$, and

$$
T^{*}\left(e_{j}\right)(x)=\left\langle x, I^{-1}\left(x_{j}\right)\right\rangle \quad(x \in H) \quad \text { and, thus } \quad T^{*}\left(e_{j}\right)=I^{-1}\left(x_{j}\right)
$$

Thus, if $\left(x_{i}\right)$ is a Hilbert frame, then $\left(\left(x_{i}\right),\left(I^{-1}\left(x_{i}\right)\right)\right.$ is a Schauder frame for which $Z=\ell_{2}(\mathbb{J})$ together with its unit vector basis is an associated space.

Conversely, let $\left(x_{i}, f_{i}\right)$ be a Schauder frame of a Hilbert space $H$ and assume that $Z=\ell_{2}(\mathbb{J})$ with its unit vector basis is an associated space. Denote by $T: H \rightarrow \ell_{2}(\mathbb{J})$ and $S: \ell_{2}(\mathbb{J}) \rightarrow H$ the associated decomposition, respectively reconstruction operator. Then it follows that for all $x \in H$

$$
\sum\left\langle x_{i}, x\right\rangle^{2}=\sum\left\langle S\left(e_{i}\right), x\right\rangle^{2}=\sum\left\langle e_{i}, S^{*}(x)\right\rangle^{2}=\left\|S^{*}(x)\right\|^{2}
$$

Thus, since $S^{*}$ is an isomorphic embedding of $H$ into $\ell_{2}$, it follows that $\left(x_{i}\right)$ is a Hilbert frame.
In the following observation we show that we can always expand a frame by a bounded linear operator.
Proposition 2.8. Let $\left(x_{i}, f_{i}\right)$ be a frame of a Banach space $X$ and let $Z$ be a space with a basis $\left(z_{i}\right)$ which is associated to ( $x_{i}$, $f_{i}$ ). Furthermore assume that $Y$ is another space with a basis $\left(y_{i}\right)$ and let $V: Y \rightarrow X$ be linear and bounded.

Let $\mathbb{Z} t=\tilde{Z}_{\tilde{Z}} \oplus_{\infty} Y$ (i.e. the product space $Z \times Y$ with the norm defined by $\|(z, y)\|_{\infty}=\max (\|z\|,\|y\|)$, for $z \in Z$ and $y \in Y$ ) and define $\left(\tilde{z}_{i}\right) \subset \tilde{Z},\left(\tilde{x}_{i}\right) \subset X$ and $\left(\tilde{f}_{i}\right) \subset X^{*}$ by

$$
\begin{aligned}
& \tilde{z}_{i}= \begin{cases}\left(z_{i / 2}, \lambda_{i / 2} y_{i / 2}\right), & \tilde{x}_{i}= \begin{cases}x_{i / 2}+\lambda_{i / 2} V\left(y_{i / 2}\right) & \text { if } i \text { even, } \\
\left(z_{(i+1) / 2},-\lambda_{(i+1) / 2} y_{(i+1) / 2}\right),\end{cases} \\
\tilde{f}_{(i+1) / 2}-\lambda_{(i+1) / 2} V\left(y_{(i+1) / 2}\right) & \text { if } i \text { odd, }, \\
\frac{1}{2} f_{i / 2} & \text { if i even, } \\
\frac{1}{2} f_{(i+1) / 2} & \text { if i odd, }\end{cases}
\end{aligned}
$$

where $\lambda_{j}=\left\|z_{j}\right\| /\left\|y_{j}\right\|$, for $j \in \mathbb{N}\left(\right.$ for example $\tilde{z}_{1}=z_{1}-\frac{\left\|z_{1}\right\|}{\left\|y_{1}\right\|} y_{1}$ and $\left.\tilde{z}_{2}=z_{1}+\frac{\left\|z_{1}\right\|}{\left\|y_{1}\right\|} y_{1}\right)$. Then $\left(\tilde{x}_{i}, \tilde{f}_{i}\right)$ is a frame of $X,\left(\tilde{z}_{i}\right)$ is a basis for $\tilde{Z}$ and $\left(\tilde{Z},\left(\tilde{z}_{i}\right)\right)$ is an associated space for $\left(\tilde{x}_{i}, \tilde{f}_{i}\right)$.

Proof. Let $T: X \rightarrow Z$ and $S: Z \rightarrow X$ be the associated decomposition and reconstruction operator, respectively. Note that the operators

$$
\tilde{S}: Z \oplus_{\infty} Y \rightarrow X, \quad(z, y) \mapsto S(z)+V(y) \quad \text { and } \quad \tilde{T}: X \rightarrow Z \oplus_{\infty} Y, \quad x \mapsto(T(x), 0)
$$

are bounded and linear and that $\tilde{S} \circ \tilde{T}=\operatorname{Id}_{X}$ and $\tilde{S}\left(\tilde{z}_{i}\right)=\tilde{x}_{i}$, for $i \in \mathbb{N}$. It is easy to verify that $\left(\tilde{z}_{i}\right)$ is a basis of $\tilde{Z}$ for which its coordinate functionals ( $\tilde{z}_{i}^{*}$ ) are given by (denote the coordinate functionals of $\left(y_{i}\right)$ by $\left(y_{i}^{*}\right)$ )

$$
\tilde{z}_{i}^{*}= \begin{cases}\frac{1}{2}\left(z_{i / 2}^{*}, \frac{1}{\lambda_{i}} y_{i / 2}^{*}\right) & \text { if } i \text { even } \\ \frac{1}{2}\left(z_{(i+1) / 2}^{*},-\frac{1}{\lambda_{i}} y_{(i+1) / 2}^{*}\right) & \text { if } i \text { odd. }\end{cases}
$$

It follows for $x \in X$ that

$$
\tilde{T}^{*}\left(\tilde{z}_{i}^{*}\right)(x)=\tilde{z}_{i}^{*}(\tilde{T}(x))=\left\{\begin{array}{ll}
f_{i / 2}(x) / 2 & \text { if } i \text { even, } \\
f_{(i+1) / 2}(x) / 2 & \text { if } i \text { odd }
\end{array}\right\}=\tilde{f}_{i}(x)
$$

which yields $\tilde{T}^{*}\left(\tilde{z}_{i}^{*}\right)=\tilde{f}_{i}$, for $i \in \mathbb{N}$. Thus, the claim follows from Proposition 2.4.

## 3. Three examples

In [8] the following notion of quantization was introduced and studied for non-redundant systems.
Definition 3.1. Let $\left(x_{i}\right)_{i \in \mathbb{J}}$ be a fundamental system for $X$, with $\mathbb{J}=\mathbb{N}$ or $\mathbb{J}=\{1,2, \ldots, N\}$, for some $N \in \mathbb{N}$ (i.e. $\overline{\operatorname{span}\left(x_{i}: i \in \mathbb{J}\right)}=X$ ) and let $\varepsilon>0$ and $\delta>0$ be given. We say that $\left(x_{i}\right)_{i \in \mathbb{J}}$ has the $(\varepsilon, \delta)$-Net Quantization Property (abbr. $(\varepsilon, \delta)$-NQP) if for any $x=\sum_{i \in E} a_{i} x_{i} \in X, E \subset \mathbb{J}$ is finite, there exists a sequence $\left(k_{i}\right) \subset \mathbb{Z}, \operatorname{supp}\left(k_{i}\right)=\left\{i \in \mathbb{N}: k_{i} \neq 0\right\}$ is finite, such that

$$
\begin{equation*}
\left\|x-\sum k_{i} \delta x_{i}\right\| \leqslant \varepsilon . \tag{8}
\end{equation*}
$$

We say that $\left(x_{i}\right)$ has the NQP if $\left(x_{i}\right)$ has the $(\varepsilon, \delta)$-NQP for some $\varepsilon>0$ and $\delta>0$.

When we ask whether or not in a certain representation of vectors the coefficients can be replaced by quantized coefficients, we are often interested in memorizing data as economically as possible, and reconstructing them with as little error as possible. With this in mind, we will exhibit in this section three examples, all of which satisfy the conditions (NQP) if we extend this notion word for word to frames. However, they show that it is not always meaningful to apply these notion to redundant systems like frames. These examples will then also guide us to more appropriate quantization concepts for frames in the next sections.

The first example (Example 3.2) is a tight Hilbert frame $\left(f_{i}\right)$ in $S_{\ell_{2}}$ (i.e. $a=b$ ) consisting of normalized vectors so that for every $x \in \ell_{2}$ there is a sequence $\left(k_{i}\right) \subset \mathbb{Z}$ so that $\left\|x-\sum_{i \in \mathbb{N}} k_{i} f_{i}\right\|<1$. But these coefficients ( $k_{i}$ ) might get arbitrarily large for elements in $B_{\ell_{2}}$. This means that we would need an infinite alphabet to approximate vectors which are in $B_{\ell_{2}}$.

The second example (Example 3.3) is a semi-normalized Hilbert frame ( $f_{i}$ ) in $\ell_{2}$ which has the property that for every $x \in \ell_{2}$ there is a sequence $\left(k_{i}\right) \subset \mathbb{Z}$, so that $\left\|x-\sum_{i \in \mathbb{N}} k_{i} f_{i}\right\|<1$ and $\left(k_{i}\right)$ has the additional property that $\max _{i \in \mathbb{N}}\left|k_{i}\right| \leqslant 1$, if $x \in B_{\ell_{2}}$.

The third example (Example 3.4) is a Schauder frame $\left(f_{i}\right)$ of $\ell_{2}$ which has the property that for every $x \in \ell_{2}$ there is a sequence $\left(k_{i}\right) \subset \mathbb{Z}$, so that not only $\max _{i \in \mathbb{N}}\left|k_{i}\right| \leqslant\|x\|$ and $\left\|x-\sum_{i \in \mathbb{N}} k_{i} f_{i}\right\|<1$, but so that also the support of ( $k_{i}$ ), i.e. the set $\left\{i \in \mathbb{N}: k_{i} \neq 0\right\}$ is uniformly bounded.

However, in order to approximate even the vectors of a given finite dimensional subspace in Examples 3.3 and 3.4, we need to use an overproportional number of elements of the frame. More precisely, in both examples the number of frame elements we would need to approximate the elements of a finite dimensional subspace is not linear with respect to the dimension.

Finally note that in all three cases we used the fact that a vector can be represented in more than one way by the elements of the frame, unlike in the situation of bases.

Example 3.2. Let $0<\varepsilon_{i}<1 / 2$. For $i \in \mathbb{N}$ define the following vectors $f_{2 i-1}$ and $f_{2 i}$ in $S_{\ell_{2}}$.

$$
f_{2 i-1}=\sqrt{1-\varepsilon_{i}^{2}} e_{2 i-1}+\varepsilon_{i} e_{2 i} \quad \text { and } \quad f_{2 i}=-\varepsilon_{i} e_{2 i-1}+\sqrt{1-\varepsilon_{i}^{2}} e_{2 i} .
$$

Clearly $\left(f_{i}\right)$ is an orthonormal basis for $\ell_{2}$ and we let $\mathcal{F}=\left\{e_{i}: i \in \mathbb{N}\right\} \cup\left\{f_{i}: i \in \mathbb{N}\right\}$. Then $\mathcal{F}$ is a tight frame (as is any finite union of orthonormal bases) and the sequence $\left(z_{i}\right)$ with

$$
\begin{aligned}
& z_{2 i-1}=e_{2 i-1}-f_{2 i-1}=\left(1-\sqrt{1-\varepsilon_{i}^{2}}\right) e_{2 i-1}-\varepsilon_{i} e_{2 i}, \\
& z_{2 i}=e_{2 i}-f_{2 i}=\varepsilon_{i} e_{2 i-1}+\left(1-\sqrt{1-\varepsilon_{i}^{2}}\right) e_{2 i}, \quad \text { for } i \in \mathbb{N},
\end{aligned}
$$

is an orthogonal basis and $\left\|z_{2 i-1}\right\|=\left\|z_{2 i}\right\|=O\left(\varepsilon_{i}\right)$. Thus, if $\left(\varepsilon_{i}\right)$ converges fast enough to 0 it follows that for any $x \in \ell_{2}$ there is a family $\left(k_{i}\right) \subset \mathbb{Z}$, with $\left|\operatorname{supp}\left(k_{i}\right)\right|<\infty$, so that

$$
\left\|x-\sum k_{i} z_{i}\right\|=\left\|x-\sum k_{i}\left(e_{i}-f_{i}\right)\right\|<1 .
$$

Example 3.3. Our second example is a semi-normalized Hilbert frame $\left(x_{i}\right)$ in $\ell_{2}$ so that

$$
D=\left\{\sum_{i=1}^{\infty} k_{i} x_{i}: k_{i} \in\{-1,0,1\} \text { and }\left\{i: k_{i} \neq 0\right\} \text { is finite }\right\}
$$

is dense in $B_{\ell_{2}}$.
Put $\left(c_{i}\right)_{i=1}^{\infty}=\left(1 / 2^{i}\right)$ and partition the unit vector basis $\left(e_{i}\right)$ of $\ell_{2}$ into infinitely many subsequences of infinite length, say $(e(i, j): i, j \in \mathbb{N})$. Then our frame $\left(f_{k}\right)$ is defined to be the sequence:

$$
\begin{aligned}
& f_{1}=c_{1} e_{1}+e(1,1), \quad f_{2}=e(1,1), \\
& f_{3}=c_{1} e_{2}+e(1,2), \quad f_{4}=e(1,2), \quad f_{5}=c_{2} e_{1}+e(2,1), \quad f_{6}=e(2,1), \\
& f_{7}=c_{1} e_{3}+e(1,3), \quad f_{8}=e(1,3), \quad f_{9}=c_{2} e_{2}+e(2,2), \\
& f_{10}=e(2,2), \quad f_{11}=c_{3} e_{1}+e(3,1), \quad f_{13}=e(3,1), \\
& f_{14}=c_{1} e_{4}+e(1,4), \quad f_{15}=e(1,4), \quad \ldots, \quad f_{20}=c_{4} e_{1}+e(4,1), \quad f_{21}=e(4,1),
\end{aligned}
$$

Note that the set of vectors $x \in B_{\ell_{2}}$ of the form

$$
x=\sum_{i, j \in \mathbb{N}} \varepsilon(i, j) c_{i} e_{j}=\sum_{i, j \in \mathbb{N}}\left(\varepsilon(i, j)\left(c_{i} e_{j}+e(i, j)\right)-\varepsilon(i, j) e(i, j)\right)
$$

where $(\varepsilon(i, j)) \subset\{-1,0,1\}$ so that the set $\{i, j \in \mathbb{N}: \varepsilon(i, j) \neq 0\}$ is finite, are dense in $B_{\ell_{2}}$. This implies that every $x \in B_{\ell_{2}}$ is the limit of vectors $\left(x_{n}\right)$ with

$$
\left(x_{n}\right) \subset\left\{\sum \varepsilon_{i} f_{i}:\left(\varepsilon_{i}\right) \subset\{-1,0,1\}, \quad\left\{i \in \mathbb{N}: \varepsilon_{i} \neq 0\right\} \text { is finite }\right\} .
$$

The sequence $\left(f_{n}\right)$ is a frame. Indeed for any $x=\sum x_{i} e_{i} \in \ell_{2}$ we have

$$
\begin{aligned}
\sum\left\langle f_{i}, x\right\rangle^{2}= & \sum_{i \text { even }}\left\langle f_{i}, x\right\rangle^{2}+\sum_{i \text { odd }}\left\langle f_{i}, x\right\rangle^{2}=\sum x_{i}^{2}+\sum_{i, j \in \mathbb{N}}\left(c_{i} x_{j}+\langle e(i, j), x\rangle\right)^{2} \\
& \left\{\begin{array}{l}
\geqslant\| \|^{2}, \\
\leqslant \sum x_{i}^{2}+\sum_{i, j \in \mathbb{N}} 2 c_{i}^{2} x_{j}^{2}+2\langle e(i, j), x\rangle^{2} \leqslant\left(3+2 \sum c_{i}^{2}\right)\|x\|^{2} .
\end{array}\right.
\end{aligned}
$$

Example 3.4. We construct a Schauder frame $\left(x_{i}, f_{i}\right)$ of $\ell_{2}$ so that $\left(x_{n}\right)$ is dense in $B_{\ell_{2}}$.
Let $\left(y_{n}\right)$ be dense in $B_{\ell_{2}}$ and choose for each $n \in \mathbb{N}$

$$
x_{2 n-1}=y_{n}+e_{n}, \quad x_{2 n}=y_{n}, \quad f_{2 n-1}=e_{n} \quad \text { and } \quad f_{2 n}=-e_{n}
$$

Clearly, for every $x \in \ell_{2}$

$$
x=\sum\left\langle e_{i}, x\right\rangle e_{i}=\sum\left(\left\langle f_{2 n-1}, x\right\rangle x_{2 n-1}+\left\langle f_{2 n}, x\right\rangle x_{2 n}\right)
$$

(the above sum is conditionally converging). It follows that $\left(\left(x_{n}\right),\left(f_{n}\right)\right)$ is a Schauder frame of $\ell_{2}$. It is clear that $\left(x_{n}\right)$ is not a Hilbert frame.

## 4. Quantization with Z-bounded coefficients

One way one might avoid examples like the ones mentioned in Section 3 is to impose boundedness conditions on the quantized coefficients within an associated space $Z$.

Definition 4.1. Assume $\left(x_{i}, f_{i}\right)_{i \in \mathbb{J}}, \mathbb{J}=\mathbb{N}$ or $\mathbb{J}=\{1,2, \ldots, N\}$, for some $N \in \mathbb{N}$, is a frame of a Banach space $X$. Let $Z$ be a space with basis $\left(z_{i}\right)$ which is associated to $\left(x_{i}, f_{i}\right)_{i \in J}$. Let $\varepsilon, \delta>0, C \geqslant 1$.

We say that $\left(x_{i}, f_{i}\right)$ satisfies the $(\varepsilon, \delta, C)$-Net Quantization Property with respect to $\left(Z,\left(z_{i}\right)\right)$ or $(\varepsilon, \delta, C)-Z-N Q P$, if for all $x \in X$ there exists a sequence $\left(k_{i}\right)_{i \in \mathbb{J}} \subset \mathbb{Z}$ with finite support so that

$$
\begin{equation*}
\left\|\sum k_{i} \delta z_{i}\right\|_{Z} \leqslant C\|x\| \text { and }\left\|x-\sum \delta k_{i} x_{i}\right\|_{X} \leqslant \varepsilon \tag{9}
\end{equation*}
$$

We say that $\left(x_{i}, f_{i}\right)$ satisfies the $N Q P$ with respect to $\left(Z,\left(z_{i}\right)\right)$ if it satisfies the $(\varepsilon, \delta, C)-Z-N Q P$ for some choice of $\varepsilon, \delta>0$ and $C \geqslant 1$.

It is easy to see that the property $(\varepsilon, \delta, C)-\mathrm{NQP}$ with respect to some associated space is homogeneous in $(\varepsilon, \delta)$, meaning that a frame $\left(x_{i}, f_{i}\right)$ is $(\varepsilon, \delta, C)$-NQP if and only if for some $\lambda>0$ (or for all $\lambda$ ) $\left(x_{i}, f_{i}\right)$ satisfies the $(\lambda \varepsilon, \lambda \delta, C)$-NQP. The following result, analogous to [8, Theorem 2.4], shows that it is enough to verify that one can quantize the coefficients of elements $x$ which are in $B_{X}$ to deduce the NQP.

Proposition 4.2. Assume that $\left(x_{i}\right)$ and $\left(z_{i}\right)$ are some sequences in Banach spaces $X$ and $Z$, respectively, and assume that there are $C_{0}<\infty, \delta_{0}>0$ and $0<q_{0}<1$, so that for all $x \in B_{X}$ there is a sequence $\left(k_{i}\right) \subset \mathbb{Z},\left(k_{i}\right) \in c_{00}$ with

$$
\begin{equation*}
\left\|\sum \delta_{0} k_{i} z_{i}\right\| \leqslant C_{0} \quad \text { and } \quad\left\|x-\sum \delta_{0} k_{i} x_{i}\right\| \leqslant q_{0} \tag{10}
\end{equation*}
$$

Then there are $\delta_{1}>0$, and $C_{1}<\infty$ only depending on $\delta_{0}, q_{0}$ and $C_{0}$ so that for all $x \in X$ there is a sequence $\left(k_{i}\right) \subset \mathbb{Z},\left(k_{i}\right) \in c_{00}$, with

$$
\begin{equation*}
\left\|\sum \delta_{1} k_{i} z_{i}\right\| \leqslant C_{1}\|x\| \text { and } \quad\left\|x-\sum \delta_{1} k_{i} x_{i}\right\| \leqslant 1 \tag{11}
\end{equation*}
$$

Proof. Choose $n_{1} \in \mathbb{N}$ and $q_{1}$ so that

$$
\begin{equation*}
\frac{n_{1}+1}{n_{1}} q_{0}=q_{1}<1 \tag{12}
\end{equation*}
$$

and put $\delta_{1}=\delta_{0} / n_{1}$.
We first claim that for any $0<\delta \leqslant \delta_{1}$ and any $x \in B_{X}$ there is a sequence $\left(k_{i}\right) \in \mathbb{Z}^{\mathbb{N}} \cap c_{00}$ so that

$$
\begin{equation*}
\left\|\sum k_{i} \delta z_{i}\right\| \leqslant 2 C_{0} \text { and } \quad\left\|x-\sum \delta k_{i} x_{i}\right\| \leqslant q_{1} . \tag{13}
\end{equation*}
$$

Indeed, let $\delta \leqslant \delta_{1}$ and $x \in B_{X}$ and choose $n \geqslant n_{1}$ in $\mathbb{N}$ so that $\frac{\delta_{0}}{n+1}<\delta \leqslant \frac{\delta_{0}}{n}$ and $\left(k_{i}\right) \subset \mathbb{Z}$ so that

$$
\left\|\sum k_{i} \delta_{0} z_{i}\right\| \leqslant C_{0} \text { and }\left\|\frac{\delta_{0}}{\delta(n+1)} x-\sum k_{i} \delta_{0} x_{i}\right\| \leqslant q_{0}
$$

and, thus, since $n \geqslant n_{1}$,

$$
\left\|\sum k_{i}(n+1) \delta z_{i}\right\|=\left\|\sum k_{i} \delta_{0} z_{i}\right\| \frac{\delta(n+1)}{\delta_{0}} \leqslant \frac{n+1}{n} C_{0} \leqslant 2 C_{0}
$$

and

$$
\left\|x-\sum k_{i} \delta(n+1) x_{i}\right\| \leqslant\left\|\frac{\delta_{0}}{(n+1) \delta} x-\sum k_{i} \delta_{0} x_{i}\right\| \frac{\delta(n+1)}{\delta_{0}} \leqslant q_{0} \frac{\delta}{\delta_{0}}(n+1) \leqslant q_{1} .
$$

By induction on $n \in \mathbb{N}$ we show that for any $\delta \leqslant q_{1}^{n-1} \delta_{1}$ and any $x \in B_{X}$ there is a $\left(k_{i}\right) \subset \mathbb{Z},\left(k_{i}\right) \in c_{00}$, so that

$$
\begin{equation*}
\left\|\sum k_{i} \delta z_{i}\right\| \leqslant 2 C_{0} \sum_{i=0}^{n-1} q_{1}^{i} \text { and }\left\|x-\sum k_{i} \delta x_{i}\right\| \leqslant q_{1}^{n} \tag{14}
\end{equation*}
$$

For $n=1$ this is just (13). Assume our claim to be true for $n$ and let $\delta \leqslant \delta_{1} q_{1}^{n}$ and $x \in B_{X}$. By our induction hypothesis, we can find $\left(k_{i}\right) \subset \mathbb{Z},\left(k_{i}\right) \in c_{00}$, so that (14) holds. Since $q_{1}^{-n}\left(x-\sum k_{i} \delta x_{i}\right) \in B_{X}$ and since $\delta q_{1}^{-n} \leqslant \delta_{1}$, we can use our first claim and choose $\left(\tilde{k}_{i}\right) \in \mathbb{Z}^{\mathbb{N}} \cap c_{00}$ so that

$$
\left\|\sum \tilde{k}_{i} \delta q_{1}^{-n} z_{i}\right\| \leqslant 2 C_{0} \quad \text { and } \quad\left\|q_{1}^{-n}\left(x-\sum k_{i} \delta x_{i}\right)-\sum \delta q_{1}^{-n} \tilde{k}_{i} x_{i}\right\| \leqslant q_{1}
$$

and, thus,

$$
\left\|\sum\left(k_{i}+\tilde{k}_{i}\right) \delta z_{i}\right\| \leqslant 2 C_{0} \sum_{i=0}^{n-1} q_{1}^{i}+2 C_{0} q_{1}^{n}
$$

and

$$
\left\|x-\sum \delta k_{i} x_{i}-\sum \delta \tilde{k}_{i} x_{i}\right\| \leqslant q_{1}^{n+1}
$$

which finishes the induction step.
Now define $C_{1}=2 C_{0} \sum_{n=0}^{\infty} q_{1}^{n}$ and let $x \in X$ be arbitrary.
If $\|x\| \geqslant 1$ (this is the only case left to consider) we choose $n \in \mathbb{N}$ with $q_{1}^{n}<\frac{1}{\|x\|} \leqslant q_{1}^{n-1}$ and, by (14) we can choose $\left(k_{i}\right) \in \mathbb{Z}^{\mathbb{N}} \cap c_{00}$ so that

$$
\left\|\sum k_{i} \frac{\delta_{1}}{\|x\|} z_{i}\right\| \leqslant 2 C_{0} \sum_{i=0}^{n-1} q_{1}^{i} \leqslant C_{1} \quad \text { and } \quad\left\|\frac{x}{\|x\|}-\sum \frac{k_{i} \delta_{1}}{\|x\|} x_{i}\right\| \leqslant q_{1}^{n}
$$

which yields

$$
\left\|\sum k_{i} \delta_{1} z_{i}\right\| \leqslant C_{1} q_{1}\|x\| \quad \text { and } \quad\left\|x-\sum k_{i} \delta_{1} x_{i}\right\| \leqslant q_{1}^{n}\|x\| \leqslant 1
$$

In the following result we consider a finite frame $\left(x_{i}, f_{i}\right)_{i=1}^{N}$ of a finite dimensional Banach space $X$, and exploit the fact that, if $\left(x_{i}, f_{i}\right)_{i=1}^{N}$ has the $(\varepsilon, \delta, C)-N Q P$ with respect to some space $Z$ having a basis $\left(z_{i}\right)_{i=1}^{N}$, then the value

$$
\varepsilon^{-n}=\operatorname{Vol}\left(B_{X}\right) / \operatorname{Vol}\left(\varepsilon B_{X}\right)
$$

must be smaller then the cardinality of the set

$$
\mathcal{F}_{(\delta, C)}\left(x_{i}\right)=\left\{\sum n_{j} \delta x_{j}:\left\|\sum n_{j} \delta z_{j}\right\| \leqslant C\right\} .
$$

Proposition 4.3. Assume $f: \mathbb{N} \rightarrow \mathbb{R}^{+}, f(1)=1$, is strictly increasing to $\infty, C \geqslant 1$, and $0 \leqslant \delta, \varepsilon<1$.
Let $\left(x_{i}, f_{i}\right)_{i=1}^{N}$ be a frame of a Banach space $X$ with $n:=\operatorname{dim}(X)<\infty$ and let $Z$ be an $N$-dimensional space, $N \in \mathbb{N}$, with a normalized basis $\left(z_{i}\right)_{i=1}^{N}$, which is associated to $\left(x_{i}, f_{i}\right)_{i=1}^{N}$. Let $S: Z \rightarrow X$ be the reconstruction operator, and denote by $K$ the projection constant of $\left(z_{i}\right)$. Assume ( $\#$ A denotes the cardinality of a set $A \subset \mathbb{N}$ )

$$
\begin{align*}
& \mathcal{F}_{(\delta, C)}\left(x_{i}\right) \text { is } \varepsilon \text {-dense in } B_{X}, \quad \text { and }  \tag{15}\\
& f(\# A) \leqslant\left\|\sum_{j \in A} n_{j} z_{j}\right\|, \quad \text { whenever } A \subset\{1,2, \ldots, N\} \text { and }\left(n_{j}\right)_{j \in A} \subset \mathbb{Z} \backslash\{0\} . \tag{16}
\end{align*}
$$

Then

$$
\begin{equation*}
\ln N \geqslant \frac{n \ln (1 / \varepsilon)}{f^{-1}(C / \delta)}-\ln \left(\frac{2 K C}{\delta}+1\right) \tag{17}
\end{equation*}
$$

Moreover, assume that $g: \mathbb{N} \rightarrow \mathbb{R}$ is strictly increasing and satisfies

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \frac{g(n) \ln n}{n}=0 \tag{18}
\end{equation*}
$$

and let $X, Z, K,\left(x_{i}, f_{i}\right)_{i=1}^{N},\left(z_{i}\right)_{i=1}^{N}$, and $S$ be as above satisfying (15), (16) and, moreover,

$$
\begin{equation*}
g(\# A) \geqslant \sup \left\|\sum_{j \in A} \pm z_{j}\right\|, \quad \text { whenever } A \subset\{1,2, \ldots, N\} \tag{19}
\end{equation*}
$$

Then it follows that $\operatorname{dim}(X) \leqslant n_{0}$, where $n_{0}$ depends only on $K, C,\|S\|, \varepsilon, \delta, f$ and $g$ and is increasing in $K, C,\|S\|$.
Before providing a proof let us explain Proposition 4.3 in more detail.
Remark 4.4. Condition (16) means that we are in a certain sense "far" away from the space $\ell_{\infty}^{n}$ (in which quantization can be achieved trivially). Condition (19) implies that the associated basis is "far" from the $\ell_{1}$-basis (which also be used to quantize, as Proposition 4.7 shows). To be more concrete, we consider the following situation.

Assume, for example, that $\left(z_{i}\right)$ has an $\ell_{p}$ lower bound, for some $1 \leqslant p<\infty$, i.e. that there is a $D_{1}<\infty$ so that

$$
\left(\sum_{i=1}^{N}\left|a_{i}\right|^{p}\right)^{1 / p} \leqslant D_{1}\left\|\sum_{i=1}^{N} a_{i} z_{i}\right\| \quad \text { for }\left(a_{i}\right) \subset \mathbb{R}
$$

This means that condition (16) holds if we let $f(m)=m^{1 / p} / D_{1}$. Also assume for simplicity that $K=1$.
Proposition 4.3 now implies that if $X$ is a finite dimensional Banach space $X$ admitting a frame of length $N$ whose associated space is $Z$ and which satisfies the quantization condition (15) for some $C \geqslant 1, \varepsilon$ and $\delta>0$ then $N$ is at least an exponential function of the dimension of $X$.

If we, moreover, require that $\left(z_{i}\right)$ has also an upper $\ell_{q}$-estimate, for some $1<q$, i.e. if for some $D_{2}$

$$
\left\|\sum_{i=1}^{N} a_{i} z_{i}\right\| \leqslant D_{2}\left(\sum_{i=1}^{N}\left|a_{i}\right|^{q}\right)^{1 / q} \quad \text { for }\left(a_{i}\right) \subset \mathbb{R},
$$

then the second part of Proposition 4.3 yields that the dimension of $X$ has to be bounded by a constant only depending on $p, q, D_{1} D_{2}, C, \varepsilon$ and $\delta$.

Proof of Proposition 4.3. First note that, if $A \subset\{1,2, \ldots, N\}$ and $\left(n_{j}\right)_{j \in A} \subset \mathbb{Z} \backslash\{0\}$ with $C \geqslant\left\|\sum_{j \in A} n_{j} \delta z_{j}\right\|_{z} \geqslant \delta f(\# A)$, then $\# A \leqslant f^{-1}(C / \delta)$ and $\left|n_{j}\right| \leqslant K C / \delta$ for $j \in A$. Thus, (15) and the volume argument, mentioned before the statement of our proposition, yields

$$
\varepsilon^{-n} \leqslant \# \mathcal{F}_{(\delta, C)}\left(x_{i}\right) \leqslant\binom{ N}{\left\lfloor f^{-1}(C / \delta)\right\rfloor}\left(\frac{2 K C}{\delta}+1\right)^{\left\lfloor f^{-1}(C / \delta)\right\rfloor} \leqslant\left[N\left(\frac{2 K C}{\delta}+1\right)\right]^{f^{-1}(C / \delta)},
$$

which, after taking $\ln (\cdot)$ on both sides, implies (17).
Now assume that also (19) is satisfied. Let $\left(e_{i}, e_{i}^{*}\right)_{i=1}^{n}$ be an Auerbach basis of $X$, i.e. $\left\|e_{i}\right\|=\left\|e_{i}^{*}\right\|=1$ and $e_{i}^{*}\left(e_{j}\right)=\delta_{(i, j)}$. Such a basis always exists (cf. [11, Theorem 5.6]). Choose $0<\eta<\infty$ so that $\varepsilon(1+1 / \eta)<1$ and define for $i=1,2, \ldots, n$,

$$
A_{i}=\left\{j \in\{1,2, \ldots, N\}: e_{i}^{*}\left(x_{j}\right) \geqslant \varepsilon^{-1} \eta K C f^{-1}(C / \delta) n\right\} .
$$

Then it follows for the right choice of $\sigma_{j}= \pm 1, j \in A_{i}$, that

$$
\begin{aligned}
g\left(\# A_{i}\right) & \geqslant\left\|\sum_{j \in A_{i}} \pm z_{j}\right\| \\
& \geqslant \frac{1}{\|S\|} \sup \left\|\sum_{j \in A_{i}} \pm x_{j}\right\| \\
& \geqslant \frac{1}{\|S\|} e_{i}^{*}\left(\sum_{j \in A_{i}} \sigma_{j} x_{j}\right) \geqslant \frac{\# A_{i} \varepsilon}{\eta\|S\| K C f^{-1}(C / \delta) n}
\end{aligned}
$$

and thus

$$
\begin{equation*}
\frac{\# A_{i}}{g\left(\# A_{i}\right)} \leqslant \frac{\eta\|S\| K C f^{-1}(C / \delta) n}{\varepsilon} \tag{20}
\end{equation*}
$$

Put $A=\bigcup_{i \leqslant n} A_{i}$. If $\left(n_{j}\right)_{j \leqslant N} \subset \mathbb{Z}$ is such that $\sum_{j=1}^{N} \delta n_{j} x_{j} \in \mathcal{F}_{(\delta, C)}\left(x_{j}\right)$, then

$$
\left\|\sum_{j \in A^{c}} \delta n_{j} x_{j}\right\| \leqslant \sum_{j \in A^{c}, n_{j} \neq 0}\left(\sum_{i=1}^{n}\left|e_{i}^{*}\left(x_{j}\right)\right|\right) \max _{j \leqslant N} \delta\left|n_{j}\right| \leqslant \frac{\varepsilon \#\left\{j: n_{j} \neq 0\right\}}{\eta f^{-1}(C / \delta)} \leqslant \frac{\varepsilon}{\eta},
$$

where the second inequality follows from the definition of the $A_{i}$ 's and the observation at the beginning of the proof, and the last inequality follows from the fact that

$$
\begin{equation*}
f\left(\#\left\{j: n_{j} \neq 0\right\}\right) \leqslant\left\|\sum n_{j} z_{j}\right\| \leqslant C / \delta \tag{21}
\end{equation*}
$$

This implies together with (15) that the set

$$
\tilde{\mathcal{F}}_{(\delta, C)}=\left\{\sum_{j \in A} n_{j} \delta x_{j}:\left(n_{j}\right) \subset \mathbb{Z},\left\|\sum_{j=1}^{N} n_{j} \delta z_{j}\right\| \leqslant C\right\}
$$

is $\varepsilon\left(1+\frac{1}{\eta}\right)$-dense in $B_{X}$. Hence, our usual argument comparing volumes and (21) yields

$$
\# A^{f^{-1}(C / \delta)}\left(\frac{2 K C}{\delta}+1\right)^{f^{-1}(C / \delta)} \geqslant\binom{ \# A}{\left\lfloor f^{-1}(C / \delta)\right\rfloor}\left(\frac{2 K C}{\delta}+1\right)^{\left\lfloor f^{-1}(C / \delta)\right\rfloor} \geqslant \frac{1}{\varepsilon^{n}(1+1 / \eta)^{n}}
$$

Taking $\ln (\cdot)$ on both sides and letting $r(\ell)=\ln (\ell) g(\ell) / \ell$ for $\ell \in \mathbb{N}$, and since $\varepsilon(1+1 / \eta)<1$ we conclude by (20) that

$$
\begin{aligned}
n \ln \left(\frac{1}{\varepsilon(1+1 / \eta)}\right) & \leqslant f^{-1}(C / \delta)\left(\ln (\# A)+\ln \left(\frac{2 K C}{\delta}+1\right)\right) \\
& \leqslant f^{-1}(C / \delta)\left(\ln n+\max _{i \leqslant n} \ln \left(\# A_{i}\right)+\ln \left(\frac{4 K C}{\delta}\right)\right) \\
& =f^{-1}(C / \delta)\left(\ln n+\max _{i \leqslant n} r\left(\# A_{i}\right)\left(\frac{\# A_{i}}{g\left(\# A_{i}\right)}\right)+\ln \left(\frac{4 K C}{\delta}\right)\right) \\
& \leqslant f^{-1}(C / \delta)\left(\ln n+\operatorname{nr}\left(\# A_{i_{0}}\right) \frac{\eta\|S\| K C f^{-1}(C / \delta)}{\varepsilon}+\ln \left(\frac{4 K C}{\delta}\right)\right)
\end{aligned}
$$

where $i_{0} \leqslant n$ is chosen so that $\# A_{i_{0}}$ is maximal. By our assumption on $g$ we can find an $\ell_{0} \in \mathbb{N}$ so that

$$
\eta\|S\| K C f^{-1}(C / \delta) r(\ell) \leqslant \frac{1}{2} \ln \left(\frac{1}{\varepsilon(1+1 / \eta)}\right), \quad \text { whenever } \ell \geqslant \ell_{0}
$$

If $\# A_{i_{0}} \leqslant \ell_{0}$ then

$$
n \ln \left(\frac{1}{\varepsilon(1+1 / \eta)}\right) \leqslant f^{-1}(C / \delta)\left[\ln n+\ln \ell_{0}+\ln \left(\frac{2 K C}{\delta}+1\right)\right]
$$

which implies that $n$ is bounded by a number which only depends on $\varepsilon, \delta, C, f, g$ and $K$. If $\# A_{i_{0}}>\ell_{0}$, then it follows that

$$
\frac{n}{2} \ln \left(\frac{1}{\varepsilon(1+1 / \eta)}\right) \leqslant f^{-1}(C / \delta)\left(\ln n+\ln \left(\frac{4 K C}{\delta}\right)\right)
$$

which implies our claim also in that case.
We shall formulate a corollary of Proposition 4.3 for the infinite dimensional situation. We need first to introduce some notation and make some observations.

Let $\left(x_{i}, f_{i}\right)_{i \in \mathbb{N}}$ be a frame of $X$. Furthermore assume that $X$ has the $\pi_{\lambda}$-property, which means that there is a sequence $\bar{P}=\left(P_{n}\right)$ of finite rank projections, whose norms are uniformly bounded, and which approximate the identity, i.e.

$$
\begin{equation*}
x=\lim _{n \rightarrow \infty} P_{n}(x), \quad \text { in norm for all } x \in X \tag{22}
\end{equation*}
$$

For example, if $X$ has a basis $\left(e_{i}\right)$ we could choose for $n \in \mathbb{N}$ the projection onto the first $n$ coordinates, i.e.

$$
P_{n}: X \rightarrow X, \quad \sum a_{i} e_{i} \mapsto \sum_{i=1}^{n} a_{i} e_{i}
$$

It is easy to see that $\left(P_{n}\left(x_{i}\right),\left.f_{i}\right|_{P_{n}(X)}\right)$ is a frame of the space $X_{n}=P_{n}(X)$. Moreover, condition (22) and a straightforward compactness argument shows that for any $n \in \mathbb{N}$ and any $\frac{1}{2}<r<1$ there is an $M_{n}=M(r, n)$ so that it follows that

$$
\begin{equation*}
\left\|x-\sum_{i=1}^{N}\left\langle f_{i}, x\right\rangle P_{n}\left(x_{i}\right)\right\| \leqslant(1-r)\|x\|, \quad \text { whenever } x \in X_{n} \text { and } N \geqslant M_{n} \tag{23}
\end{equation*}
$$

It follows that the operators $\left(Q_{n}\right)$, with

$$
Q_{n}: X_{n} \rightarrow X_{n}, \quad x \mapsto \sum_{i=1}^{M_{n}}\left\langle P_{n}^{*}\left(f_{i}\right), x\right\rangle P_{n}\left(x_{i}\right)=\sum_{i=1}^{M_{n}}\left\langle f_{i}, x\right\rangle P_{n}\left(x_{i}\right),
$$

are uniformly bounded $\left(\left\|Q_{n}\right\| \leqslant 2\right.$, for $\left.n \in \mathbb{N}\right)$, invertible and their inverses are uniformly bounded $\left(\left\|Q_{n}^{-1}\right\| \leqslant \frac{1}{r}\right.$, for $\left.n \in \mathbb{N}\right)$. For $x \in X_{n}$ we write

$$
x=Q_{n}^{-1} Q_{n}(x)=\sum_{i=1}^{M_{n}}\left\langle P_{n}^{*}\left(f_{i}\right), x\right\rangle\left(Q_{n}^{-1} \circ P_{n}\right)\left(x_{i}\right)
$$

and deduce therefore that

$$
\left(y_{i}^{(n)}, g_{i}^{(n)}\right)_{i=1}^{M_{n}}:=\left(\left(Q_{n}^{-1} \circ P_{n}\right)\left(x_{i}\right), P_{n}^{*}\left(f_{i}\right)\right)_{i=1}^{M_{n}}
$$

is a finite frame of $X_{n}$.
Let $Z$ be a space with basis $\left(z_{i}\right)$ which is associated to the frame $\left(x_{i}, f_{i}\right)$. It follows easily that the operators ( $S_{n}$ ) and ( $T_{n}$ )

$$
\begin{aligned}
& S_{n}: Z_{n}=\left[z_{i}: i \leqslant M_{n}\right] \rightarrow X_{n}, \quad z \mapsto \sum_{i=1}^{M_{n}} a_{i} z_{i} \mapsto \sum_{i=1}^{M_{n}} a_{i}\left(Q_{n}^{-1} \circ P_{n}\right)\left(x_{i}\right), \\
& T_{n}: X_{n} \rightarrow Z_{n}, \quad x=\sum_{i=1}^{M_{n}} f_{i}(x)\left(Q_{n}^{-1} \circ P_{n}\right)\left(x_{i}\right) \mapsto \sum_{i=1}^{M_{n}} f_{i}(x) z_{i}
\end{aligned}
$$

are uniformly bounded, and thus $Z_{n}$ is an associated space for the frame $\left(y_{i}^{(n)}, g_{i}^{(n)}\right)_{i \leqslant M_{n}}$ while $T_{n}$ and $S_{n}$ are the associated decomposition and reconstruction operators, respectively.

Finally assume that the frame $\left(x_{i}, f_{i}\right)$ satisfies the $(\varepsilon, \delta, C)$-NQP with respect to $Z$. Again by compactness and using Proposition 4.2 we can choose $M_{n}=M(r, n)$ large enough so that it also satisfies the following:

For all $n \in \mathbb{N}$ and all $x \in X_{n}$ there is a sequence $\left(k_{i}\right)_{i=1}^{M_{n}} \subset \mathbb{Z}$ so that

$$
\begin{equation*}
\left\|\sum_{i=1}^{M_{n}} k_{i} \delta z_{i}\right\| \leqslant C\|x\| \quad \text { and }\left\|x-\sum_{i=1}^{M_{n}} \delta k_{i} x_{i}\right\| \leqslant \varepsilon \tag{24}
\end{equation*}
$$

After changing $\varepsilon>0$ and $\delta$ proportionally, if necessary, and since $r>\frac{1}{2}$, we can assume that $q=\frac{1-r}{r}+\sup _{n}\left\|P_{n}\right\| \frac{\varepsilon}{r}<1$. For $n$ in $\mathbb{N}$ and $x \in B_{X_{n}}$ we can therefore choose $\left(k_{i}\right)_{i=1}^{M_{n}} \subset \mathbb{Z}$ so that $\left\|\sum_{i=1}^{M_{n}^{2}} \delta k_{i} z_{i}\right\| \leqslant C$ and

$$
\begin{aligned}
\left\|x-\sum_{i=1}^{M_{n}} \delta k_{i}\left(Q_{n}^{-1} \circ P_{n}\right)\left(x_{i}\right)\right\| & \leqslant\left\|Q_{n}^{-1}\right\| \cdot\left\|Q_{n}(x)-\sum_{i=1}^{M_{n}} \delta k_{i} P_{n}\left(x_{i}\right)\right\| \\
& \leqslant\left\|Q_{n}^{-1}\right\| \cdot\left\|Q_{n}(x)-x\right\|+\left\|Q_{n}^{-1}\right\| \cdot\left\|x-\sum_{i=1}^{M_{n}} \delta k_{i} P_{n}\left(x_{i}\right)\right\| \\
& \leqslant\left\|Q_{n}^{-1}\right\| \cdot\left\|Q_{n}(x)-x\right\|+\left\|Q_{n}^{-1}\right\| \cdot\left\|P_{n}\right\| \cdot\left\|x-\sum_{i=1}^{M_{n}} \delta k_{i} x_{i}\right\| \\
& \leqslant \frac{1-r}{r}+\sup _{n}\left\|P_{n}\right\| \frac{\varepsilon}{r}=q<1 .
\end{aligned}
$$

Thus, for every $n \in \mathbb{N}$ the frame $\left(P_{n}^{*}\left(f_{i}\right),\left(Q_{n}^{-1} \circ P_{n}\right)\left(x_{i}\right)\right)_{i=1}^{M_{n}}$ satisfies condition (15) of Proposition 4.3 (for $\varepsilon=q$ ). Therefore we deduce the following corollary.

Corollary 4.5. Let $\left(x_{i}, f_{i}\right)_{i \in \mathbb{N}}$ be a frame of an infinite dimensional Banach space $X$ for which there is a uniformly bounded sequence $\left(P_{n}\right)$ of finite rank projections which approximate the identity. Assume that $\left(x_{i}, f_{i}\right)_{i \in \mathbb{N}}$ satisfies the $(\varepsilon, \delta, C)-N Q P$ with respect to a space $Z$ with basis $\left(z_{i}\right)$ for some choice of $\varepsilon>0, \delta>0$ and $C$ so that $q=\frac{1-r}{r}+\sup _{n}\left\|P_{n}\right\| \frac{\varepsilon}{r}<1$ with $\frac{1}{2}<r<1$. Let ( $M_{n}$ ) be any sequence in $\mathbb{N}$ which satisfies (23) and (24).

Finally assume that $\left(z_{i}\right)$ satisfies the following lower estimate

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \inf \left\{\left\|\sum_{j \in A} n_{j} z_{j}\right\|:\left(n_{j}\right)_{j \in A} \subset \mathbb{Z} \backslash\{0\}, A \subset \mathbb{N}, \# A=n\right\}=\infty \tag{25}
\end{equation*}
$$

Then
(a) $\left(M_{n}\right)$ increases exponentially with the dimension of $X_{n}$, i.e. there is a $c>1$, so that $M_{n} \geqslant c^{\operatorname{dim}\left(X_{n}\right)}$ eventually,
(b)

$$
\limsup _{n \rightarrow \infty} \frac{\ln (n)}{n} \sup \left\{\left\|\sum_{i \in A} \pm z_{i}\right\|: A \subset \mathbb{N}, \# A=n\right\}>0
$$

Let us simplify the conditions in Corollary 4.5. Note that $\left(z_{i}\right)$ satisfies (25) if it satisfies lower $\ell_{q}$ estimates for some $q<\infty$ (see Remark 2.6), but that it cannot satisfy the conclusion (b) of Corollary 4.5 in case it satisfies upper $\ell_{p}$ estimates for some $p>0$. We therefore deduce the following corollary.

Corollary 4.6. Assume that $X$ is an infinite dimensional Banach space with the $\pi_{\lambda}$-property and that $Z$ is $a$ Banach space with a basis $\left(z_{i}\right)$ satisfying for some choice of $1<q<p<\infty$ lower $\ell_{p}$ and upper $\ell_{q}$ estimates.

Then no frame of $X$ has the $N Q P$ with respect to $\left(Z,\left(z_{i}\right)\right)$.
The following example shows how to construct a frame with respect to a space $Z$ which contains $\ell_{1}$.
Proposition 4.7. Let $\left(x_{i}, f_{i}\right)_{i \in \mathbb{N}}$ be any frame of a Banach space $X$ and let $Z$ be a space with semi-normalized basis ( $z_{i}$ ), which is associated to $\left(x_{i}, f_{i}\right)$. Then there is a frame $\left(\tilde{x}_{i}, \tilde{f}_{i}\right)_{i \in \mathbb{N}}$ and a basis $\left(\tilde{z}_{i}\right)$ of $\tilde{Z}=Z \oplus_{\infty} \ell_{1}$ so that $\left(\tilde{x}_{i}, \tilde{f}_{i}\right)_{i \in \mathbb{N}}$ has $\tilde{Z}$ as an associated space and has the NQP with respect to $\tilde{Z}$. Moreover, $\left(\tilde{x}_{i}, \tilde{f}_{i}\right)_{i \in \mathbb{N}}$ is semi-normalized if $\left(x_{i}, f_{i}\right)_{i \in \mathbb{N}}$ has this property (for example if $\left(x_{i}\right)$ is a normalized basis of $X$ ).

Proof. Assume, without loss of generality that $\left\|z_{i}\right\|=1$ for $i \in \mathbb{N}$. Choose a quotient map $Q: \ell_{1} \rightarrow X$ so that $\left(Q\left(e_{i}\right): i \in \mathbb{N}\right)$ is a $\frac{1}{2}$-net in $B_{X}$ and so that $\left\|Q\left(e_{i}\right) \pm x_{i}\right\|>\frac{1}{4}$ for $i \in \mathbb{N}$ (which is easy to accomplish). Finally we apply Proposition 2.8 to $Y=\ell_{1}$ with its unit vector basis $\left(e_{i}\right)$ and $V=Q$, and observe that the frame ( $\tilde{x}_{i}, \tilde{f}_{i}$ ) and basis $\left(\tilde{z}_{i}\right)$ of $\tilde{Z}$, as constructed there, has the property that for any $x \in B_{X}$ there is an $i \in \mathbb{N}$ so that

$$
\left\|x-\frac{\tilde{x}_{2 i}-\tilde{x}_{2 i-1}}{2}\right\|=\left\|x-Q\left(e_{i}\right)\right\| \leqslant \frac{1}{2} \text { and }\left\|\frac{1}{2}\left(\tilde{z}_{2 i}-\tilde{z}_{2 i-1}\right)\right\|=1
$$

which implies by Proposition 4.2 that $\left(x_{i}, f_{i}\right)_{i \in \mathbb{N}}$ has the NQP with respect to $\left(z_{i}\right)$.
By construction of $\left(\tilde{x}_{i}, \tilde{f}_{i}\right)$ in Proposition 2.8 it follows that $\left(\tilde{f}_{i}\right)$ is semi-normalized if $\left(f_{i}\right)$ has this property and since $\left\|Q\left(e_{i}\right) \pm x_{i}\right\|>\frac{1}{4}$, for $i \in \mathbb{N}$, it follows that

$$
\frac{1}{4} \leqslant\left\|\tilde{x}_{i}\right\| \leqslant \sup _{j \in \mathbb{N}}\left\|x_{j}\right\|+1
$$

which implies that $\left(\tilde{x}_{i}, \tilde{f}_{i}\right)$ is semi-normalized if $\left(x_{i}, f_{i}\right)$ has this property.
Finally let us present an infinite dimensional argument implying that if $Z$ is a reflexive space with basis it cannot be the associated space of a frame $\left(x_{i}, f_{i}\right)_{i \in \mathbb{N}}$, with $\left\|x_{i}\right\|=1$, for $i \in \mathbb{N}$, which satisfies the NQP.

Proposition 4.8. Assume that $Z$ is a reflexive space with a semi-normalized basis $\left(z_{i}\right)$, and assume that $\left(x_{i},\left(f_{i}\right)\right)$ is a frame of an infinite dimensional Banach space $X$ with associated space $Z$.

Then $\left(\left(x_{i}\right),\left(f_{i}\right)\right)$ cannot have the NQP with respect to $Z$.
The following result follows from Proposition 4.8 as well as from Corollary 4.6.
Corollary 4.9. A semi-normalized frame of an infinite dimensional Hilbert space H cannot have the NQP with respect to the associated Hilbert space $\ell_{2}(\mathbb{N})$.

Proof. Proof of Proposition 4.8 We assume w.l.o.g. that $\left(z_{i}\right)$ is bimonotone and let $T: X \rightarrow Z$ and $S: Z \rightarrow X$ be the associated decomposition and reconstruction operators, respectively.

For $C<\infty$ and $\delta>0$ define

$$
\mathcal{B}_{(C, \delta)}=\left\{\sum_{i=1}^{\infty} \delta k_{i} z_{i} \in Z:\left(k_{i}\right) \subset \mathbb{Z},\left\|\sum_{i=1}^{\infty} \delta k_{i} z_{i}\right\| \leqslant C\right\}
$$

Assume that ( $x_{i}, f_{i}$ ) has the NQP with respect to $Z$. Then we can choose $\delta>0$ small enough and $C \geqslant 1$ large enough so that $S\left(B_{(C, \delta)}\right)$ is $\varepsilon$-dense in $B_{X}$ for some $0<\varepsilon<1$.

Since $\left(z_{i}\right)$ is semi-normalized and $Z$ is reflexive, $\mathcal{B}_{(C, \delta)}$ is weakly compact. Indeed, assume that for $n \in \mathbb{N}$,

$$
y_{n}=\sum_{i=1}^{\infty} \delta k_{i}^{(n)} z_{i} \in \mathcal{B}_{(C, \delta)}
$$

After passing to subsequence we can assume that for all $i \in \mathbb{N}$ there is a $k_{i} \in \mathbb{N}$ so that $k_{i}^{(n)}=k_{i}$ whenever $n \geqslant i$. Thus, by bimonotonicity, it follows that $\left\|\sum_{i=1}^{n} \delta k_{i} z_{i}\right\| \leqslant C$, for all $n \in \mathbb{N}$, and, thus, since ( $z_{i}$ ) is boundedly complete $\sum_{i=1}^{\infty} \delta k_{i} z_{i} \in Z$ and $\left\|\sum_{i=1}^{\infty} \delta k_{i} z_{i}\right\| \leqslant C$. Thus, $\sum_{i=1}^{\infty} \delta k_{i} z_{i}$ in $B_{(C, \delta)}$, and since $k_{i}^{(n)}$ converges point-wise to $\left(k_{i}\right)$ and $\left(z_{i}\right)$ is shrinking it is the weak limit of $y_{n}$. The support of each element in $B_{(C, \delta)}$ is finite since $\left(z_{i}\right)$ is a semi-normalized basis, and thus $\mathcal{B}_{(C, \delta)}$ is countable. Since $S\left(\mathcal{B}_{(C, \delta)}\right)$ is $\varepsilon$-dense in $X$, it follows that the map

$$
E: X^{*} \rightarrow C\left(\mathcal{B}_{(C, \delta)}\right), \quad \text { with } E\left(x^{*}\right)\left(\sum \delta k_{i} z_{i}\right)=\sum \delta k_{i} S^{*}\left(x^{*}\right)\left(z_{i}\right)
$$

is an isomorphic embedding (here $C\left(\mathcal{B}_{(C, \delta)}\right)$ denotes the space of continuous functions on the (compact and metric) space $\mathcal{B}_{(C, \delta)}$ endowed with the weak topology). Indeed for $x^{*} \in B_{X}^{*}$ there is an $x \in B_{X}$ so that $\left|x^{*}(x)\right|=1$ and a sequence $\left(k_{i}\right) \in \mathbb{Z} \cap c_{00}$ so that $\left\|x-\sum \delta k_{i} x_{i}\right\| \leqslant \varepsilon$, and thus

$$
\left\|E\left(x^{*}\right)\right\| \geqslant\left|E\left(x^{*}\right)\left(\sum \delta k_{i} z_{i}\right)\right|=x^{*}\left(\sum \delta k_{i} x_{i}\right)=1+x^{*}\left(\sum \delta k_{i} x_{i}-x\right) \geqslant 1-\varepsilon
$$

But this would mean that $X^{*}$ is isomorphic to a subspace of the space of continuous functions on a countable compact space, and, thus, hereditarily $c_{0}$, which is impossible since $X$ is a quotient of a reflexive space and thus also reflexive.

## 5. Quantization and cotype

In this section we consider a quantization concept for Schauder frames, which is independent of an associated space.
Definition 5.1. Let $\left(x_{i}, f_{i}\right)_{i \in \mathbb{J}}$ be a frame of a (finite or infinite dimensional) Banach space $X, \mathbb{J}=\mathbb{N}$ or $\mathbb{J}=\{1,2, \ldots, N\}$, for some $N \in \mathbb{N}$, and let $0<\varepsilon, 0<\delta \leqslant 1$ and $1 \leqslant C<\infty$. We say that $\left(x_{i}, f_{i}\right)_{i \in \mathbb{J}}$ satisfies the $(\varepsilon, \delta, C)$-Bounded Coefficient Net Quantization Property or $(\varepsilon, \delta, C)$-BCNQP if for all $\left(a_{i}\right)_{i \in \mathbb{J}} \in[-1,1]^{\mathbb{J}} \cap c_{00}(\mathbb{J})$ there is a $\left(k_{i}\right)_{i \in \mathbb{J}} \in \mathbb{Z}^{\mathbb{J}} \cap c_{00}(\mathbb{J})$ so that

$$
\left\|\sum_{i \in \mathbb{J}} a_{i} x_{i}-\sum_{i \in \mathbb{J}} \delta k_{i} x_{i}\right\| \leqslant \varepsilon \quad \text { and } \quad \max _{i \in \mathbb{J}}\left|k_{i}\right| \leqslant \frac{C}{\delta}
$$

Remark 5.2. Let $\left(x_{i}, f_{i}\right)_{i \in J}$ be a frame of $X$ and let $0<\varepsilon, 0<\delta \leqslant 1$ and $1 \leqslant C<\infty$.
(a) Since for any $\left(a_{i}\right)_{i \in \mathbb{J}} \in c_{00}(\mathbb{J})$ and any $i \in \mathbb{J}$ we can write $a_{i}=m_{i} \delta+\tilde{a}_{i}$ with $m_{i} \in \mathbb{N},\left|m_{i}\right| \delta \leqslant\left|a_{i}\right|$ and $\left|\tilde{a}_{i}\right| \leqslant \delta$, for $i \in \mathbb{J}$, ( $x_{i}, f_{i}$ ) satisfies the ( $\varepsilon, \delta, C$ )-BCNQP implies that

$$
\text { for all }\left(a_{i}\right)_{i \in \mathbb{J}} \in c_{00}(\mathbb{J}) \text { there is a }\left(k_{i}\right)_{i \in \mathbb{J}} \in \mathbb{Z}^{\mathbb{J}} \cap c_{00}(\mathbb{J}) \text { so that }
$$

$$
\begin{equation*}
\left\|\sum_{i \in \mathbb{J}} a_{i} x_{i}-\sum_{i \in \mathbb{J}} \delta k_{i} x_{i}\right\| \leqslant \varepsilon \quad \text { and } \quad \max _{i \in \mathbb{J}}\left|k_{i}\right| \leqslant \max _{i \in \mathbb{J}}\left|a_{i}\right|+\frac{C}{\delta} \tag{26}
\end{equation*}
$$

(a) immediately implies.
(b) If ( $x_{i}, f_{i}$ ) satisfies $(\varepsilon, \delta, C)$ - BCNQP and $0<\lambda \leqslant 1$ then ( $x_{i}, f_{i}$ ) satisfies ( $\lambda \varepsilon, \lambda \delta, 1+\lambda C$ )-BCNQP.
(c) If $\left(x_{i}\right)$ is a semi-normalized basis of $X$ and $\left(f_{i}\right)$ are the coordinate functionals with respect to $\left(x_{i}\right)$ and ( $x_{i}$ ) satisfies the $(\varepsilon, \delta)-\mathrm{NQP}$ (Definition 3.1), then ( $x_{i}, f_{i}$ ) satisfies the ( $\varepsilon, \delta, C$ )-BCNQP with $C=1+\varepsilon \sup _{i \in \mathbb{J}}\left\|f_{i}\right\|$. Indeed, for $x \in X$, $x=\sum_{i=1} a_{i} x_{i}$, with $\left|a_{i}\right| \leqslant 1$, there is a sequence $\left(k_{i}\right) \in \mathbb{Z}$ with finite support so that $\left\|x-\sum \delta k_{i} x_{i}\right\| \leqslant \varepsilon$ and

$$
\delta \max \left|k_{i}\right| \leqslant \max _{i}\left(\left|f_{i}(x)\right|+\left|f_{i}\left(x-\sum \delta k_{i} x_{i}\right)\right|\right) \leqslant 1+\varepsilon \sup _{i \in \mathbb{J}}\left\|f_{i}\right\| .
$$

We will connect the property BCNQP with properties of the cotype of the Banach space.
Definition 5.3. Let $p \leqslant 2$. We say that a Banach space $X$ has type $p$ if there is a $c<\infty$ so that for all $n \in \mathbb{N}$ and all vectors $x_{1}, x_{2}, \ldots, x_{n} \in X$,

$$
\left(\text { ave }\left\|\sum_{i=1}^{n} \pm x_{i}\right\|^{2}\right)^{1 / 2}=\left(2^{-n} \sum_{\left(\sigma_{i}\right)_{i=1}^{n} \in\{ \pm 1\}^{n}}\left\|\sum_{i=1}^{n} \sigma_{i} x_{i}\right\|^{2}\right)^{1 / 2} \leqslant c\left(\sum_{i=1}^{n}\left\|x_{i}\right\|^{p}\right)^{1 / p}
$$

In that case the smallest such $c$ will be denoted by $T_{p}(X)$.

Let $q \geqslant 2$. We say that a Banach space $X$ has cotype $q$ if there is a $c<\infty$ so that for all $n \in \mathbb{N}$ and all $x_{1}, x_{2}, \ldots, x_{n} \in X$ :

$$
\left(\sum_{i=1}^{n}\left\|x_{i}\right\|^{q}\right)^{1 / q} \leqslant c\left(\text { ave }\left\|\sum_{i=1}^{n} \pm x_{i}\right\|^{2}\right)^{1 / 2}=c\left(2^{-n} \sum_{\left(\sigma_{i}\right)_{i=1}^{n} \in\{ \pm 1\}^{n}}\left\|\sum_{i=1}^{n} \sigma_{i} x_{i}\right\|^{2}\right)^{1 / 2}
$$

The smallest of all these constants will be denoted by $C_{q}(X)$.
We say that $X$ has only trivial type, or only trivial cotype if $T_{p}(X)=\infty$ for all $p>1$, or $C_{q}(X)=\infty$, for all $q<\infty$.

Basic properties of spaces with type and cotype can be found for example in [7] or [28]. We are mainly interested in estimates of the volume ratio of the unit ball $B_{X}$ of a finite dimensional space $X$ using $C_{q}(X)$ and the connection between finite cotype and the property of containing $\ell_{\infty}^{n}$ 's uniformly.

Assume $X$ is an $n$-dimensional space which we identify with $\left(\mathbb{R}^{n},\|\cdot\|\right)$. Let $E$ be the John ellipsoid of the unit ball $B_{X}$ of $X$, i.e. the ellipsoid contained in $B_{X}$ having maximal volume. It was show in [18] (see also [28, Chapter 3]) that $E$ is unique. We call the ratio $\operatorname{Vol}^{1 / n}\left(B_{X}\right) / \operatorname{Vol}^{1 / n}(E)$ the volume ratio of $B_{X}$. Combining [29, Theorem 6], which establishes an upper estimate for the volume ratio using $T_{p}\left(X^{*}\right)$, with a result of Maurey and Pisier [22,23] (see also [7, Proposition 13.17]) estimating $T_{p}\left(X^{*}\right)$ and a result of Pisier ([27] (see also [28, Theorem 2.5]) estimating the $K$-convexity constant $K(X)$ of $X$, we obtain the connection between the volume ratio of $B_{X}$ and the cotype constant of $X$.

Theorem 5.4. There is a universal constant $d$ so that for all finite dimensional Banach spaces $X$, with $n=\operatorname{dim}(X) \geqslant 2$, and all $2 \leqslant q<\infty$,

$$
\begin{equation*}
\left(\frac{\operatorname{Vol}\left(B_{X}\right)}{\operatorname{Vol}(E)}\right)^{1 / n} \leqslant d C_{q}(X) n^{\alpha(q)} \ln n \tag{27}
\end{equation*}
$$

where $E \subset X$ is the John ellipsoid of $B_{X}$ and $\alpha(q):=\frac{1}{2}-\frac{1}{q}$.
We will also need a second upper estimate for the volume ratio due to Milman and Pisier [24].

Theorem 5.5. (See [24], and see also [28, Theorem 10.4].) There is a universal constant A so that for any finite dimensional Banach space $X$,

$$
\begin{equation*}
\left(\frac{\operatorname{Vol}\left(B_{X}\right)}{\operatorname{Vol}(E)}\right)^{1 / n} \leqslant g\left(C_{2}(X)\right):=A C_{2}(X) \ln \left(1+C_{2}(X)\right) \tag{28}
\end{equation*}
$$

where $E \subset X$ is the John ellipsoid of $B_{X}$.

The next result describes the connection between the property of having a finite cotype for $q<\infty$ and the property of containing $\ell_{\infty}^{n}$ 's uniformly.

Theorem 5.6. (See [22,23].) For $N \in \mathbb{N}$ there is a $q(N) \in(2, \infty)$ and a $C(N)<\infty$ so that:

For any (finite or infinite dimensional) Banach space $X$ which does not
contain a 2-isomorphic copy of $\ell_{\infty}^{N}$ we have that $C_{q(N)}(X) \leqslant C(N)$.

Finally we will need the following result from [25]. It is implicitly already contained in [12, pp. 95-97], and it has probably been known for much longer.

In order to state it we will need the following notation. Let $m \leqslant n \in \mathbb{N}$ and let $L \subset \mathbb{R}^{n}$ be an $m$-dimensional subspace. Let $Q_{n}$ be the unit cube in $\mathbb{R}^{n}$. By a simple compactness argument there is a projection $P: \mathbb{R}^{n} \rightarrow L$ for which $\operatorname{Vol}\left(P\left(Q_{n}\right)\right)$ is minimal. In that case we call the image $P\left(Q_{n}\right)$ a minimal-volume projection of $Q_{n}$ onto $L$.

Theorem 5.7. (See [25, Theorem 1].) Let $L$ be a linear subspace of $\mathbb{R}^{n}$, and let $\mathcal{M}$ be the set of all minimal volume projections of $Q_{n}$ onto $L$.

Then $\mathcal{M}$ contains a parallelepiped.

We are now in the position to state and to prove the connection between cotype and BCNQP in the finite dimensional case.

Theorem 5.8. There is a map $n_{0}:[1, \infty)^{2} \rightarrow[0, \infty)$ so that for all finite dimensional Banach spaces $X$ the following holds.
If $\left(x_{i}, f_{i}\right)_{i=1}^{N}$ is a frame of $X$, with $\left\|x_{i}\right\|=1$, for $i \leqslant N$, and which satisfies $(1, \delta, C)$-BCNQP for some $0<\delta<1$ and $C \geqslant 1$, then for all $2 \leqslant q<\infty$

$$
N \geqslant \operatorname{dim}(X) \ln (\operatorname{dim}(X)) \frac{1}{2 q \ln \left(1+2 \frac{C}{\delta}\right)}, \quad \text { whenever } \operatorname{dim}(X) \geqslant n_{0}\left(\frac{C}{\delta}, K C_{q}(X)\right),
$$

where $K$ is the projection constant of $\left(x_{i}, f_{i}\right)_{i=1}^{N}$.
Proof. Let $Z$ be the space with a basis $\left(z_{i}\right)$ and let $T: X \rightarrow Z$ and $S: Z \rightarrow X$ be the associated decomposition and the reconstruction operator as constructed in the proof of Proposition 2.4(a) " $\Rightarrow$." Since the $x_{i}$ 's are normalized the $z_{i}$ 's are also of norm 1. After a linear transformation we can assume that $Z=\mathbb{R}^{N}$ and $\left(z_{i}\right)_{i=1}^{N}$ is the unit vector basis of $\mathbb{R}^{N}$. Since ( $z_{i}$ ) is a bimonotone basis it follows that $\left\|z_{i}^{*}\right\|=1$, for $i \leqslant N$. Hence $B_{Z} \subset Q_{N}$, where $Q_{N}$ denotes the unit cube in $\mathbb{R}^{N}$. Define $L=T(X)$ and put $n=\operatorname{dim}(X)=\operatorname{dim}(L)$. Since $S \circ T=\operatorname{Id}_{X}$ it follows that $P=T \circ S$ is a projection from $Z$ onto $L$ and if we denote the John ellipsoid of $T\left(B_{X}\right)$ by $E$ and we deduce that (recall that by Proposition 2.4(a) $\|T\| \leqslant K$ )

$$
\begin{equation*}
E \subset T\left(B_{X}\right)=P \circ T\left(B_{X}\right) \subset P\left(K \cdot B_{Z}\right) \subset P\left(K \cdot Q_{N}\right) \tag{30}
\end{equation*}
$$

By Theorem 5.7 there is a minimal-volume projection $M$ of $Q_{N}$ onto $L$ which is a parallelepiped. Let $B_{n}$ denote the $n$-dimensional Euclidean ball in $\mathbb{R}^{n}$. Since there is a universal constant $c$ so that

$$
\operatorname{Vol}\left(B_{n}\right) \leqslant\left(\frac{c}{\sqrt{n}}\right)^{n},
$$

and since

$$
\frac{1}{K} E \subset \frac{1}{\|T\|} E \subset L \cap B_{Z} \subset L \cap Q_{N} \subset M
$$

we deduce from the fact that $B_{n}$ is the John ellipsoid of the unit cube in $\mathbb{R}^{n}$ [18] (see also [28, Chapter 3]), that

$$
K\left(\frac{\operatorname{Vol}\left(P\left(Q_{N}\right)\right)}{\operatorname{Vol}(E)}\right)^{1 / n}=\left(\frac{\operatorname{Vol}\left(P\left(Q_{N}\right)\right)}{\operatorname{Vol}\left(\frac{1}{K} E\right)}\right)^{1 / n} \geqslant\left(\frac{\operatorname{Vol}(M)}{\operatorname{Vol}\left(\frac{1}{K} E\right)}\right)^{1 / n} \geqslant \frac{\sqrt{n}}{c} .
$$

The last inequality follows from applying a linear transformation $A$ to $L$ so that $A(M)$ is a the unit cube in $L$ (with respect to some orthonormal basis of $L$ ) and, thus $A\left(\frac{1}{K} E\right)$ is an ellipsoid whose volume cannot exceed that of the Euclidean unit ball in $L$. Since $T:(X,\|\cdot\|) \rightarrow\left(L,\|\cdot\|_{T\left(B_{X}\right)}\right)$, where $\|\cdot\|_{T\left(B_{X}\right)}$ is the Minkowski functional for $T\left(B_{X}\right)$, is an isometry it follows from Theorem 5.4 that

$$
\begin{align*}
\operatorname{Vol}^{1 / n}\left(T\left(B_{X}\right)\right) & \leqslant d C_{q}(X) n^{\alpha(q)} \ln (n) \mathrm{Vol}^{1 / n}(E) \\
& \leqslant d c K C_{q}(X) n^{-\frac{1}{q}} \ln (n) \mathrm{Vol}^{1 / n}\left(P\left(Q_{N}\right)\right) \tag{31}
\end{align*}
$$

(the universal constant $d$ was introduced in Theorem 5.4).
Since the zonotope

$$
P\left(Q_{N}\right)=T \circ S\left(\left\{\sum_{i=1}^{N} a_{i} z_{i}:\left|a_{i}\right| \leqslant 1\right\}\right)=\left\{\sum_{i=1}^{N} a_{i} T\left(x_{i}\right):\left|a_{i}\right| \leqslant 1\right\}
$$

contains at most $\left(1+\frac{2 C}{\delta}\right)^{N}$ points from the set $D=\left\{\sum \delta n_{i} T\left(x_{i}\right):\left(n_{i}\right) \subset \mathbb{Z}, \max \delta\left|n_{i}\right| \leqslant C\right\}$ and since from our assumption that $\left(x_{i} f_{i}\right)_{i=1}^{N}$ satisfies the $(1, \delta, C)$-BCNQP it follows that

$$
P\left(Q_{N}\right) \subset \bigcup_{z \in D} z+T\left(B_{X}\right)
$$

we deduce that

$$
\left(1+\frac{2 C}{\delta}\right)^{N} \geqslant \frac{\operatorname{Vol}\left(P\left(Q_{N}\right)\right)}{\operatorname{Vol}\left(T\left(B_{X}\right)\right)} \geqslant\left(\frac{n^{1 / q}}{K d c C_{q}(X) \ln (n)}\right)^{n}
$$

and, thus,

$$
N \geqslant \frac{n \ln (n)}{q \ln \left(1+\frac{C}{\delta}\right)}-\frac{n \ln (\ln (n))}{\ln \left(1+\frac{2 C}{\delta}\right)}-\frac{n \ln \left(d c K C_{q}(X)\right)}{\ln \left(1+\frac{2 C}{\delta}\right)},
$$

which easily implies our claim.
In the next result we will show that, up to a constant factor, the result in Theorem 5.8 is sharp. We are using the simple fact that for any number $0 \leqslant r \leqslant 1$ and any $m \in \mathbb{N}, r$ can be approximated by a finite sum of dyadic numbers, say $\tilde{r}=\sum_{j=1}^{m} \sigma_{j} 2^{-j}, \sigma_{j} \in\{0,1\}$, for $j=1, \ldots, m$, so that $|r-\tilde{r}| \leqslant 2^{-m}$.

Proposition 5.9. Let $X$ be an $n$-dimensional space with an Auerbach basis $\left(e_{i}, e_{i}^{*}\right)_{i=1}^{n}$. Let $m \in \mathbb{N}$ and let $K$ be the projection constant of $\left(e_{i}\right)_{i=1}^{n}$. Then there is a frame ( $x_{(i, j, s)}, f_{(i, j, s)}: 1 \leqslant i \leqslant n, 1 \leqslant j \leqslant m, s=0,1$ ) (ordered lexicographically) so that

$$
\begin{align*}
& \frac{1}{2} \leqslant\left\|x_{(i, j, s)}\right\| \leqslant 2 \quad \text { and } \quad\left\|f_{(i, j, s)}\right\|=1, \quad \text { if } 1 \leqslant i \leqslant n, 1 \leqslant j \leqslant m \text { and } s=0,1,  \tag{32}\\
& \forall\left(a_{(i, j, s)}: 1 \leqslant i \leqslant n, 1 \leqslant j \leqslant m, s=0,1\right) \subset[-1,1] \\
& \quad \exists\left(k_{(i, j, s)}: i \leqslant n, j \leqslant m, s=0,1\right) \subset\{-3,-2, \ldots, 3\} \\
& \left\|\sum_{i=1}^{n} \sum_{j=1}^{m} \sum_{s=0}^{1} a_{(i, j, s)} x_{(i, j, s)}-\sum_{i=1}^{n} \sum_{j=1}^{m} \sum_{s=0}^{1} k_{(i, j, s)} x_{(i, j, s)}\right\| \leqslant 1+n \frac{2^{-m}}{1-2^{-m}}  \tag{33}\\
& \left(\text { i.e. }\left(x_{(i, j, s)}, f_{(i, j, s)}: 1 \leqslant i \leqslant n, 1 \leqslant j \leqslant m, s=0,1\right) \text { satisfies the }\left(1+n \frac{2^{-m}}{1-2^{-m}}, 1,3\right)-B C N Q P\right) . \tag{34}
\end{align*}
$$

The projection constant of $\left(x_{(i, j, s)}, f_{(i, j, s)}: 1 \leqslant i \leqslant n, 1 \leqslant j \leqslant m, s=0,1\right)$ does not exceed $4 K$.

Proof. For $1 \leqslant i \leqslant n$ and $1 \leqslant j \leqslant m$ define $x_{(i, j, 0)}=e_{1}, x_{(i, j, 1)}=e_{1}+\frac{2^{-j}}{1-2^{-m}} e_{i}, f_{(i, j, 0)}=-e_{i}^{*}$ and $f_{(i, j, 1)}=e_{i}^{*}$. Since for every $x \in X$

$$
x=\sum_{i=1}^{n} e_{i}^{*}(x) e_{i}=\sum_{i=1}^{n} \sum_{j=1}^{m} e_{i}^{*}(x) e_{i} \frac{2^{-j}}{1-2^{-m}}=\sum_{i=1}^{n} \sum_{j=1}^{m} f_{(i, j, 1)}(x) x_{(i, j, 1)}+f_{(i, j, 0)}(x) x_{(i, j, 0)},
$$

$\left(x_{(i, j, s)}, f_{(i, j, s)}: 1 \leqslant i \leqslant n, 1 \leqslant j \leqslant m, s=0,1\right)$ is a frame of $X$ and it satisfies (32). In order to verify (33) let ( $a_{(i, j, s)}$ : $1 \leqslant i \leqslant n, 1 \leqslant j \leqslant m, s=0,1) \subset[-1,1]$ be given. For $i=1,2, \ldots, n$ it follows that $\left|\sum_{j=1}^{m} a_{(i, j, 1)} \frac{2^{-j}}{1-2^{-m}}\right| \leqslant 1$, and, thus, we can choose $\left(k_{(i, j, 1)}: j \leqslant m\right) \subset\{0, \pm 1\}$ so that for each $i \leqslant n$

$$
\begin{equation*}
\left|\sum_{j=1}^{m} a_{(i, j, 1)} \frac{2^{-j}}{1-2^{-m}}-\sum_{j=1}^{m} k_{(i, j, 1)} \frac{2^{-j}}{1-2^{-m}}\right| \leqslant \frac{2^{-m}}{1-2^{-m}} . \tag{35}
\end{equation*}
$$

Since the absolute value of $M=\sum_{i=1}^{n} \sum_{j=1}^{m} a(i, j, 1)+a(i, j, 0)-k_{(i, j, 1)}$ is at most $3 n m$ we can choose for $1 \leqslant i \leqslant n$ and $1 \leqslant j \leqslant m, k_{(i, j, 0)} \in\{-3,-2, \ldots, 2,3\}$ so that $a=M-\sum_{i=1}^{n} \sum_{j=1}^{m} k_{(i, j, 0)}$, has absolute value at most 1 . We compute

$$
\begin{aligned}
& \left\|\sum_{i=1}^{n} \sum_{j=1}^{m} \sum_{s=0}^{1} a_{(i, j, s)} x_{(i, j, s)}-\sum_{i=1}^{n} \sum_{j=1}^{m} \sum_{s=0}^{1} k_{(i, j, s)} x_{(i, j, s)}\right\| \\
& \leqslant\left\|\sum_{i=1}^{n} \sum_{j=1}^{m} a_{(i, j, 1)} e_{i} \frac{2^{-j}}{1-2^{-m}}-\sum_{i=1}^{n} \sum_{j=1}^{m} k_{(i, j, 1)} e_{i} \frac{2^{-j}}{1-2^{-m}}\right\| \\
& \quad+\left|\sum_{i=1}^{n} \sum_{j=1}^{m} a_{(i, j, 1)}+a_{(i, j, 0)}-k_{(i, j, 0)}-k_{(i, j, 1)}\right| \\
& \quad \leqslant 1+\sum_{i=1}^{n}\left|\sum_{j=1}^{m}\left(a_{(i, j, 1)}-k_{(i, j, 1)}\right) \frac{2^{-j}}{1-2^{-m}}\right| \leqslant 1+n \frac{2^{-m}}{1-2^{-m}}
\end{aligned}
$$

which proves (33).
To estimate the projection constant of $\left(x_{(i, j, s)}, f_{(i, j, s)}: 1 \leqslant i \leqslant n, 1 \leqslant j \leqslant m, s=0,1\right)$ we denote by $\leqslant_{\text {lex }}$ the lexicographic order on $\{(i, j, s): i \leqslant n, j \leqslant m, s=0,1\}$, and let

$$
x=\sum_{i=1}^{n} a_{i} e_{i}=\sum_{i=1}^{n} \sum_{j=1}^{m}-a_{i} e_{1}+a_{i} e_{1}+a_{i} e_{i} \frac{2^{-j}}{1-2^{-m}}=\sum_{i=1}^{n} \sum_{j=1}^{m} \sum_{s=0,1} f_{(i, j, s)}(x) x_{(i, j, s)}
$$

and $\left(i_{0}, j_{0}, s_{0}\right) \leqslant_{\text {lex }}\left(i_{1}, j_{1}, s_{1}\right)$. Then, if $i_{0}<i_{1}$,

$$
\begin{aligned}
& \left\|\sum_{\left(i_{0}, j_{0}, s_{0}\right) \leqslant \operatorname{lex}(i, j, s) \leqslant \operatorname{lex}\left(i_{1}, j_{1}, s_{1}\right)} f_{(i, j, s)}(x) x_{(i, j, s)}\right\| \\
& =\| 1_{\left\{s_{0}=1\right\}}\left[a_{i_{0}} e_{1}+a_{i_{0}} \frac{2^{-j_{0}}}{1-2^{-m}}\right]+\sum_{j=j_{0}+1}^{m}-a_{i_{0}} e_{1}+a_{i_{0}} e_{1}+a_{i_{0}} \frac{2^{-j}}{1-2^{-m}} e_{i_{0}}
\end{aligned}
$$

$$
\begin{aligned}
& \quad+\sum_{i=i_{0}+1}^{i_{1}-1} \sum_{j=1}^{m}\left(-a_{i} e_{1}+a_{i} e_{1}+a_{i} \frac{2^{-j}}{1-2^{-m}} e_{i}\right)+\sum_{j=1}^{j_{1}}\left(-a_{i_{1}} e_{1}+a_{i_{1}} e_{1}+a_{i_{1}} \frac{2^{-j}}{1-2^{-m}} e_{i_{1}}\right)-1_{\left\{s_{1}=0\right\}} a_{i_{1}} e_{1} \| \\
& \leqslant 2\left|a_{i_{0}}\right|+\left\|\sum_{i=i_{0}+1}^{i_{1}-1} a_{i} e_{i}\right\|+\left|a_{i_{1}}\right| \leqslant 4 K\|x\| .
\end{aligned}
$$

If $i_{0}=i_{1}$ similar estimates give the to the same result for the remaining cases and (34) follows.
Remark 5.10. If we choose in Proposition $5.9 m=\lceil 2 \log n\rceil$ and thus $2^{-m} \simeq 1 / n^{2}$ we obtain a frame for $X$ of approximate size $4 n \log _{2}(n)$ having the $(3,1,3)$-BCNQP. Thus as we mentioned earlier, up to a constant Theorem 5.8 is best possible.

Remark 5.11. In Theorem 5.8 we assumed for simplicity that the $x_{i}$ 's of our frame are normalized. It is easy to see that the same proof works for a general frame, in that case $n_{0}$ depends also on $a=\min \left\{\left\|x_{i}\right\|: i \leqslant N, x_{i} \neq 0\right\}$ and $b=$ $\max \left\{\left\|x_{i}\right\|: i \leqslant N\right\}$.

With a similar proof to that of Theorem 5.8 we derive an upper estimate for $\min _{i \leqslant N}\left\|x_{i}\right\|, i \leqslant N$, assuming that $\left(x_{i}, f_{i}\right)_{i=1}^{N}$ is a frame of an $n$-dimensional space $X$ which satisfies the $(1, \delta, C)$-BCNQP for some choice of $\delta>0$ and $C<\infty$ assuming that $N$ is proportional to $n$.

Theorem 5.12. For any choice of $\delta \in(0,1]$, and $C, K, q, c_{2} \geqslant 1$ there is a value $h=h\left(\delta, C, K, q, c_{2}\right)$ so that the following holds for all $n \in \mathbb{N}$.

If $X$ is an $n$-dimensional space, $N \leqslant q n$ and $\left(x_{i}, f_{i}\right)_{i=1}^{N}$ is a frame of $X$ with projection constant $K$ which has the $(1, \delta, C)$-BCNQP, then if $C_{2}(X) \leqslant c_{2}$,

$$
\min _{i \leqslant N}\left\|x_{i}\right\| \leqslant \frac{h\left(\delta, C, K, q, c_{2}\right)}{\sqrt{n}}
$$

Sketch of proof. Let $\left(x_{i}, f_{i}\right)_{i=1}^{N}$ be a frame of $X, N \leqslant q n$, which has the $(1, \delta, C)$-BCNQP and projection constant $K$. As in the proof of Theorem 5.8 we let $Z$ be the associated space with basis $\left(z_{i}\right)$ which was constructed in Proposition 2.4, $T: X \rightarrow Z$ the associated decomposition operator, and $S$ the associated reconstruction operator. Let $L=T(X)$, and $P=T \circ S$, and let us also assume that $Z=\mathbb{R}^{N}$ and $z_{i}=e_{i}$ for $i \leqslant N$. Note that now $\left\|z_{i}\right\|=\left\|x_{i}\right\|$ and $z_{i}^{*}=\left\|x_{i}\right\|^{-1}$ and we can therefore follow the proof of Theorem 5.8 replacing $Q_{N}$ by the box

$$
\tilde{Q}_{N}=\prod_{i=1}^{N}\left[-\frac{1}{\left\|x_{i}\right\|}, \frac{1}{\left\|x_{i}\right\|}\right]
$$

As in the proof of Theorem 5.8 it follows that $\frac{1}{K} T\left(B_{X}\right) \subset P\left(B_{Z}\right) \subset P\left(\tilde{Q}_{N}\right)$. For the John ellipsoid $E$ of $T\left(B_{X}\right)$ it follows therefore that $\frac{1}{K} E \subset M$, where a $M$ is a minimal volume projection of $\tilde{Q}_{N}$ which is also a parallelepiped in $L$, and as before we deduce that $K \operatorname{Vol}^{1 / n}\left(P\left(\tilde{Q}_{N}\right)\right) \geqslant \operatorname{Vol}^{1 / n}(E) \sqrt{n} / c$. Instead of applying Theorem 5.4 we now use Theorem 5.5 and letting $\alpha=\min _{i \leqslant N}\left\|x_{i}\right\|$ we deduce that

$$
\begin{aligned}
\operatorname{Vol}^{1 / n}\left(T\left(B_{X}\right)\right) & \leqslant g\left(C_{2}(X)\right) \operatorname{Vol}^{1 / n}(E) \\
& \leqslant \frac{g\left(C_{2}(X)\right) c K \operatorname{Vol}^{1 / n}\left(P\left(\tilde{Q}_{N}\right)\right)}{\sqrt{n}} \leqslant \frac{g\left(C_{2}(X)\right) c K \operatorname{Vol}^{1 / n}\left(P\left(Q_{N}\right)\right)}{\sqrt{n} \alpha} .
\end{aligned}
$$

We can again compare the volume of the zonotope $P\left(Q_{N}\right)$ with the volume of the union $\bigcup_{z \in D} z+T\left(B_{X}\right)$, where $D$ is defined as in the proof of Theorem 5.4, and deduce that

$$
\left(1+\frac{2 C}{\delta}\right)^{q n} \geqslant\left(1+\frac{2 C}{\delta}\right)^{N} \geqslant \frac{\operatorname{Vol}\left(P\left(Q_{N}\right)\right)}{\operatorname{Vol}\left(T\left(B_{X}\right)\right)} \geqslant\left(\frac{\sqrt{n} \alpha}{g\left(C_{2}(X)\right) c K}\right)^{n}
$$

Taking the $n$th root on both sides yields our claim.
Remark 5.13. In Section 6 we will recall a result of Lyubarskii and Vershinin [21] which shows that for $q>1$ there are $\varepsilon<1, \delta<1, C<\infty$ so that for any $n \in \mathbb{N}$ and there is a Hilbert frame $\left(x_{i}\right)_{i=1}^{N}$ of $\ell_{2}^{n}$, with $N \leqslant q n$, so that $\left(x_{i}\right)_{i=1}^{N}$ satisfies $(\varepsilon, \delta, C)$-BCNQP.

As in the previous section we formulate a corollary of Theorem 5.8 for the infinite dimensional situation.

Corollary 5.14. Assume that $X$ has the $\pi_{\lambda}$-property and that $\bar{P}=\left(P_{n}\right)$ is a sequence of uniformly bounded projections approximating point-wise the identity on $X$. Let $\left(x_{i}, f_{i}\right)$ be a frame of $X$, with $\left(x_{i}\right)$ being bounded, and assume for an increasing sequence $\left(L_{n}\right) \subset \mathbb{N}$, $0<r, \delta, \varepsilon<1$ and $C<\infty$ that the following conditions are satisfied:
(a) for $n \in \mathbb{N}$ and $x \in X_{n}=P_{n}(X)$

$$
\left\|x-\sum_{i=1}^{L_{n}}\left\langle f_{i}, x\right\rangle P_{n}(x)\right\| \leqslant(1-r)\|x\|,
$$

(b) $\left\|P_{n}\left(x_{i}\right)\right\| \geqslant r$, for all $n \in \mathbb{N}$ and $i \leqslant L_{n}$, and
(c) for all $n \in \mathbb{N}$ and all $x \in\left\{\sum_{i=1}^{L_{n}} a_{i} x_{i}:\left|a_{i}\right| \leqslant 1\right.$ for $\left.i=1,2, \ldots, L_{n}\right\}$ there is a sequence $\left(k_{i}\right)_{i \leqslant L_{n}}$ so that

$$
\left\|x-\sum_{i=1}^{L_{n}} \delta k_{i} x_{i}\right\|<\varepsilon \text { and } \max _{i \leqslant L_{n}}\left|k_{i}\right| \delta \leqslant C
$$

(in particular $\left(x_{i}, f_{i}\right)$ satisfies the $B C N Q P$ ).
Then there is either a constant $c>0$ so that $L_{n} \geqslant c \operatorname{dim} P_{n}(X) \ln \left(\operatorname{dim} P_{n}(X)\right)$ or the spaces $\left\{\ell_{\infty}^{n}: n \in \mid N\right\}$ are uniformly contained in $X$.

Proof. From assumption (a) it follows that the operators $\left(Q_{n}\right)$, with

$$
Q_{n}: X_{n} \rightarrow X_{n}, \quad x \mapsto \sum_{i=1}^{L_{n}}\left\langle P_{n}^{*}\left(f_{i}\right), x\right\rangle P_{n}\left(x_{i}\right)
$$

are uniformly bounded $\left(\left\|Q_{n}\right\| \leqslant 2\right.$, for $\left.n \in \mathbb{N}\right)$, invertible and their inverses are uniformly bounded $\left(\left\|Q_{n}^{-1}\right\| \leqslant \frac{1}{r}\right.$, for $\left.n \in \mathbb{N}\right)$. For $x \in X_{n}$ we write

$$
x=Q_{n}^{-1} Q_{n}(x)=\sum_{i=1}^{L_{n}}\left\langle f_{i}, x\right\rangle\left(Q_{n}^{-1} \circ P_{n}\right)\left(x_{i}\right),
$$

and deduce therefore that

$$
\left(y_{i}^{(n)}, g_{i}^{(n)}\right)_{i=1}^{L_{n}}:=\left(\left(Q_{n}^{-1} \circ P_{n}\right)\left(x_{i}\right),\left.f_{i}\right|_{X_{n}}\right)_{i=1}^{L_{n}}
$$

is a frame of $X_{n}$. We now verify that for $n \in \mathbb{N}\left(y_{i}^{(n)}, g_{i}^{(n)}\right)_{i=1}^{L_{n}}$ satisfies the $(\tilde{\varepsilon}, \delta, C)$-BCNQP for some $\tilde{\varepsilon}>0$, which is independent of $n$. Indeed by assumption (c) one can choose for $n \in \mathbb{N}$ and $\left(a_{i}\right)_{i=1}^{L_{n}} \in[-1,1]$ some $\left(k_{i}\right)_{i=1}^{L_{n}} \subset \mathbb{Z}$ so that

$$
\left\|\sum_{i=1}^{L_{n}} a_{i} x_{i}-\sum_{i=1}^{L_{n}} \delta k_{i} x_{i}\right\| \leqslant \varepsilon \quad \text { and } \quad \max _{i \leqslant L_{n}}\left|k_{i}\right| \leqslant \frac{C}{\delta}
$$

and, thus,

$$
\begin{aligned}
\left\|\sum_{i=1}^{L_{n}} a_{i} y_{i}^{(n)}-\sum_{i=1}^{L_{n}} \delta k_{i} y_{i}^{(n)}\right\| & =\left\|\sum_{i=1}^{L_{n}} a_{i}\left(Q_{n}^{-1} \circ P_{n}\right)\left(x_{i}\right)-\sum_{i=1}^{L_{n}} \delta k_{i}\left(Q_{n}^{-1} \circ P_{n}\right)\left(x_{i}\right)\right\| \\
& \leqslant \varepsilon \max _{i \leqslant L_{n}}\left\|Q_{n}^{-1} \circ P_{n}\right\| \leqslant \frac{\varepsilon}{r} \sup _{n}\left\|P_{n}\right\|=: \tilde{\varepsilon} .
\end{aligned}
$$

Then for $n \in \mathbb{N}$ and $i \leqslant L_{n}$ it follows from assumption (b) that

$$
\frac{r}{2} \leqslant \frac{r}{\left\|Q_{n}\right\|} \leqslant\left\|y_{i}^{(n)}\right\| \leqslant\left\|P_{n}\right\| \cdot\left\|Q_{n}^{-1}\right\| \cdot\left\|x_{i}\right\| \leqslant \frac{\sup _{j}\left\|P_{j}\right\| \sup _{j}\left\|x_{j}\right\|}{r}<\infty
$$

Thus Theorem 5.8, Remark 5.11 and Theorem 5.6 yield our claim.
By Remark 5.2, for semi-normalized bases $\left(x_{i}\right)$ (together with their coordinate functionals) the properties BCNQP and NQP are equivalent. We therefore deduce from Theorem 5.8 the following

Corollary 5.15. An infinite dimensional Banach space $X$ with nontrivial cotype cannot have a semi-normalized basis having the NQP. In particular (see Problem 5.18 in [8]) $\ell_{1}$ does not have a semi-normalized basis with the NQP.

Proof. Suppose $\left(x_{i}\right)$ is a semi-normalized basis with the $(\varepsilon, \delta)-\mathrm{NQP}$. Then we let $\left(P_{n}\right)$ be the basis projections and $L_{n}=n$. By Corollary $5.14 X$ does not have finite cotype.

## 6. Concluding remarks and open problems

Kashin's [20] celebrated result states that for any $\lambda>1$ there is a $K=K_{\lambda}$ so that for any $n \in \mathbb{N}$ and any $N \geqslant \lambda n, N \in \mathbb{N}$, there is an orthogonal projection $U$ from $\mathbb{R}^{N}$ onto $\mathbb{R}^{n}$ (i.e. $U$ is an $n$ by $N$ matrix whose rows are orthonormal) so that

$$
\begin{equation*}
B_{n} \subset \frac{K}{\sqrt{N}} U\left(Q_{N}\right) \subset K B_{n} \tag{36}
\end{equation*}
$$

(as before $B_{n}$ is the euclidean unit ball in $\mathbb{R}^{n}$ while $Q_{N}$ is the unit cube in $\mathbb{R}^{N}$ ).
Lyubarskii and Vershinin observed in [21] that the column vectors $\left(u_{i}\right)_{i=1}^{N}$ form a tight frame (with $A=B=1$ ), that the first inclusion in (36) yields that every $x \in B_{n}$ can be written as

$$
x=\sum_{i=1}^{N} \frac{K}{\sqrt{N}} a_{i} u_{i} \quad \text { with }\left\|\left(a_{i}\right)\right\|_{\ell_{\infty}} \leqslant 1
$$

and that the second inclusion implies that the operator $\frac{1}{\sqrt{N}} U: \ell_{\infty}^{N} \rightarrow \ell_{2}^{n}$ is of norm not greater than 1 , and that therefore for given $\varepsilon>0$ there is a sequence $\left(k_{i}\right)_{i=1}^{N} \subset \mathbb{Z} \cup[-K / \varepsilon, K / \varepsilon]$, so that $\max _{i \leqslant N}\left|a_{i} K-k_{i} \varepsilon\right| \leqslant \varepsilon$ and, thus,

$$
\begin{equation*}
\left\|x-\sum_{i=1}^{N} \varepsilon k_{i} \frac{u_{i}}{\sqrt{N}}\right\| \leqslant \varepsilon \quad \text { and } \quad \max \left|\varepsilon k_{i}\right| \leqslant K \tag{37}
\end{equation*}
$$

Thus, Kashin's orthogonal projections (which are actually chosen randomly), lead to a frame $\left(x_{i}^{(n)}\right)_{i \leqslant N}=\left(u_{i}^{(n)} / \sqrt{N}\right)_{i \leqslant N}$ for $\ell_{2}^{n}$, whose length is not larger than a fixed multiple of $n$, and, for which we can represent any element $x$ in $B_{n}$ as a quantized linear combination with bounded coefficients. Since the zonotope $\left\{\sum_{i=1}^{N} a_{i} x_{i}\left|a_{i}\right| \leqslant 1\right.$ for $\left.i=1,2, \ldots, N\right\}$ lies in $B_{n}$, it follows that the Hilbert frame $\left(x_{i}^{(n)}\right)_{i \leqslant N}$ satisfies for any $\varepsilon>0$ the $(\varepsilon, \varepsilon, K)$-BCNQP.

In view of the results presented in Sections 4 and 5 this is the best one could do in the finite dimensional case. We are therefore interested in extensions of this result by Lyubarskii and Vershinin to other spaces as well as the infinite dimensional space,

Problem 6.1. Does the above cited result hold for other finite dimensional spaces? More precisely, assume that $0<\delta, \varepsilon<1$, $C \geqslant 1$ are fixed. For which $n \in \mathbb{N}$ and which $n$-dimensional spaces $X$ can we find a frame $\left(x_{i}, f_{i}\right)_{i=1}^{N}$, with, say $N=2 n$, so that for any $x \in B_{X}$ there is a $\left(k_{i}\right)_{i=1}^{N} \subset \mathbb{Z}$ so that

$$
\left\|x-\sum_{i=1}^{N} \delta k_{i} x_{i}\right\| \leqslant \varepsilon \quad \text { and } \quad \max \left|\delta k_{i}\right| \leqslant C .
$$

Remark 6.2. The above presented argument from [21] shows that if there is a quotient $Q: \ell_{\infty}^{N} \rightarrow X$, and a frame $\left(x_{i}, f_{i}\right)_{i=1}^{N}$ of $X$, so that $Q\left(e_{i}\right)=x_{i}$, for $i=1, \ldots, N$, and so that for some $K<\infty B_{X} \subset Q\left(B_{\ell_{\infty}}\right) \subset K B_{X}$, then there is for all $x \in B_{X}$ and all $\delta>0$ a sequence $\left(k_{i}\right)_{i \leqslant N} \subset \mathbb{Z}$, so that

$$
\left\|x-\sum_{i=1}^{N} \delta k_{i} x_{i}\right\| \leqslant\|Q\| \delta / 2 \leqslant K \delta / 2 \quad \text { and } \quad \max _{i \leqslant N}\left|k_{i}\right| \leqslant \frac{1}{\delta} .
$$

Conversely, assume that for some $0<\delta, \varepsilon<1, C \geqslant 1$ we can find for all $x \in B_{X}$ a sequence $\left(k_{i}\right) \subset \mathbb{Z}$ so that

$$
\left\|x-\sum_{i=1}^{N} \delta k_{i} x_{i}\right\| \leqslant \varepsilon \quad \text { and } \quad \max _{i \leqslant N}\left|k_{i}\right| \leqslant \frac{C}{\delta} .
$$

Then we can choose by induction for $x \in B_{X}$ a $z_{i}$ with

$$
z_{n}=\sum_{i=1}^{N} k_{i}^{(n)} \delta x_{i},\left(k_{i}\right) \subset \mathbb{Z} \cap[-C / \delta, C / \delta],
$$

so that

$$
\left\|x-\sum_{i=1}^{n} \varepsilon^{i-1} z_{i}\right\| \leqslant \varepsilon^{n}
$$

Indeed assuming $z_{1}, \ldots, z_{n-1}$ have been chosen we apply our assumption to $y=\varepsilon^{1-n}\left[x-\sum_{i=1}^{n-1} \varepsilon^{1-i} z_{i}\right] \in B_{X}$ to find $z_{n}$.

Thus, it follows that

$$
x=\sum_{i=1}^{\infty} \varepsilon^{i-1} z_{i}=\sum_{j=1}^{N} x_{j} \sum_{i=1}^{\infty} \varepsilon^{i_{1}} \delta k_{j}^{(i)}
$$

which means that there is a $C_{1}<\infty$ only depending on $\varepsilon, \delta$ and $C$ so that

$$
B_{X} \subset\left\{\sum_{j=1}^{N} a_{i} x_{i}:\left|a_{i}\right| \leqslant C_{1}\right\}
$$

If we define now $Q: \ell_{\infty}^{N} \rightarrow B_{X}, z \mapsto \sum_{i=1}^{N} C_{1} z_{i} x_{i}$, and deduce that $Q$ is a quotient map and that $B_{X} \subset Q$ ( $B_{\ell_{\infty}}$ ) but we cannot deduce (at least not obviously) a bound for $\|Q\|$.

Problem 6.3. Is there an infinite dimensional version of the result of Lyubarskii and Vershinin? I.e. for which infinite dimensional Banach spaces $X$ with a basis $\left(e_{i}\right)$ does there exist $0<\delta, \varepsilon<1, C \geqslant 1$ and a frame $\left(x_{i}, f_{i}\right)_{i \in \mathbb{N}}$ so that for any $x \in B_{X}$, $n=\max \operatorname{supp}(x)<\infty$, there is a $\left(k_{i}\right)_{i=1}^{N}$, with, say, $N \leqslant 2 n$, so that

$$
\left\|x-\sum_{i=1}^{N} \delta k_{i} x_{i}\right\| \leqslant \varepsilon \quad \text { and } \quad \max \left|\delta k_{i}\right| \leqslant C ?
$$

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